Saints Constantine & Helen
Greek Orthodox Church of Washington, D.C.

November 29, 2026 - 13th Sunday of Luke



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Upcoming Church Services

Thursday, December 3rd: Holy Prophet Zephaniah - Divine Liturgy: 9:30am

Sunday, December 6th: Saint Nicholas, Archbishop of Myra
Orthros 8:15am | Divine Liturgy: 9:30am

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Church Announcements

GOYA: Faith & Fellowship this Friday December 4th, beginning at Winter Growth Memory Care Center at 6:30pm. Following the visit to Winter Growth, dinner and discussing will take place in the GOYA Room back at church.

Ladies Philoptochos Bake Sale & Christmas Toy Drive: The Bake sale will be held on Sunday December 13th! **Please note there will be no pre-orders.**

The **Christmas Toy Drive to Benefit A Wider Circle** is going on now to December 13th. Please donate your new unwrapped toys or $50 gift cards from Giant or Walmart at church on Sundays after the Divine Liturgy!

Parish Council Elections: PC Elections will be held on **Sunday, December 13th**, immediately following the Diving Liturgy, until 3:00pm.

Bible Study & Discussion: Please join Fr. Kallinikos, in person, on **December 3rd & 17th**, 6:30pm-8:00pm, for Bible Study and Discussion in the Versis Center.

Sunday School Christmas Village: Sunday December 20th, discover the charm of our Christmas Village immediately following the Divine Liturgy. Please join us for Music, Food, Shopping & Crafts in our Antigone Recachinas Grand Hall.

Greek School: Please join us for our Christmas Program, **Monday December 21st,** 5:00pm-6:00pm.

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MEMORIALS

Thomas Nicholas Lalekos, the beloved son of Nicholas and Antonia Lalekos. Loving brother of Chrisa (Chris) Verdecchia and Sophia (Bryan) Magrum. Cherished uncle of Nicholas, Antonia, Alexandra and Nicole Adored great-uncle of William Thomas. Best friend and loving owner of Mazie. May his memory be eternal!

George John Mantzouranis, is the beloved son of the late John and Lefki Mantzouranis. Loving husband of Michele Amoia. Adored brother of Athanasia J. Mantzouranis and loving uncle of Demetrios. May his memory be eternal!

John George Mantzouranis, is the beloved husband of Lefkothea (Lefki) Mantzouranis. Loving father of Athanasia J. Mantzouranis and the late George J. (Michelle) Mantzouranis. Adored and cherished grandfather of Demetrios. May his memory be eternal!

FUTURE MEMORIALS

December 6th – Rizos Anastasiou
December 27th - Anastasia Panagiotaki
January 24, 2027 - Nikephoros & Vasiliki Argeroplos, Nicholas Demetrios Bardosa and Jeff Steven Jordan



THE EPISTLE - St. Paul's Letter to the Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore, it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

ΑΠΟΣΤΟΛΟΣ - Πρὸς Ἐφεσίους 5:8-19

Ἀδελφοί, ὡς τέκνα φωτὸς περιπατεῖτε - ὁ γὰρ καρπὸς τοῦ πνεύματος ἐν πάσῃ ἀγαθωσύνῃ καὶ δικαιοσύνῃ καὶ ἀληθείᾳ - δοκιμάζοντες τί ἐστιν εὐάρεστον τῷ κυρίῳ· καὶ μὴ συγκοινωνεῖτε τοῖς ἔργοις τοῖς ἀκάρποις τοῦ σκότους, μᾶλλον δὲ καὶ ἐλέγχετε· τὰ γὰρ κρυφῇ γινόμενα ὑπ᾽ αὐτῶν αἰσχρόν ἐστιν καὶ λέγειν. Τὰ δὲ πάντα ἐλεγχόμενα ὑπὸ τοῦ φωτὸς φανεροῦται· πᾶν γὰρ τὸ φανερούμενον φῶς ἐστίν. Διὸ λέγει, Ἔγειρε ὁ καθεύδων καὶ ἀνάστα ἐκ τῶν νεκρῶν, καὶ ἐπιφαύσει σοι ὁ Χριστός. Βλέπετε οὖν πῶς ἀκριβῶς περιπατεῖτε, μὴ ὡς ἄσοφοι, ἀλλ᾽ ὡς σοφοί, ἐξαγοραζόμενοι τὸν καιρόν, ὅτι αἱ ἡμέραι πονηραί εἰσιν. Διὰ τοῦτο μὴ γίνεσθε ἄφρονες, ἀλλὰ συνιέντες τί τὸ θέλημα τοῦ κυρίου. Καὶ μὴ μεθύσκεσθε οἴνῳ, ἐν ᾧ ἐστὶν ἀσωτία, ἀλλὰ πληροῦσθε ἐν πνεύματι, λαλοῦντες ἑαυτοῖς ψαλμοῖς καὶ ὕμνοις καὶ ᾠδαῖς πνευματικαῖς, ᾄδοντες καὶ ψάλλοντες ἐν τῇ καρδίᾳ ὑμῶν τῷ κυρίῳ.

ΤΟ ΕΥΑΓΓΕΛΙΟΝ - Κατὰ Λουκᾶν 18:18-27

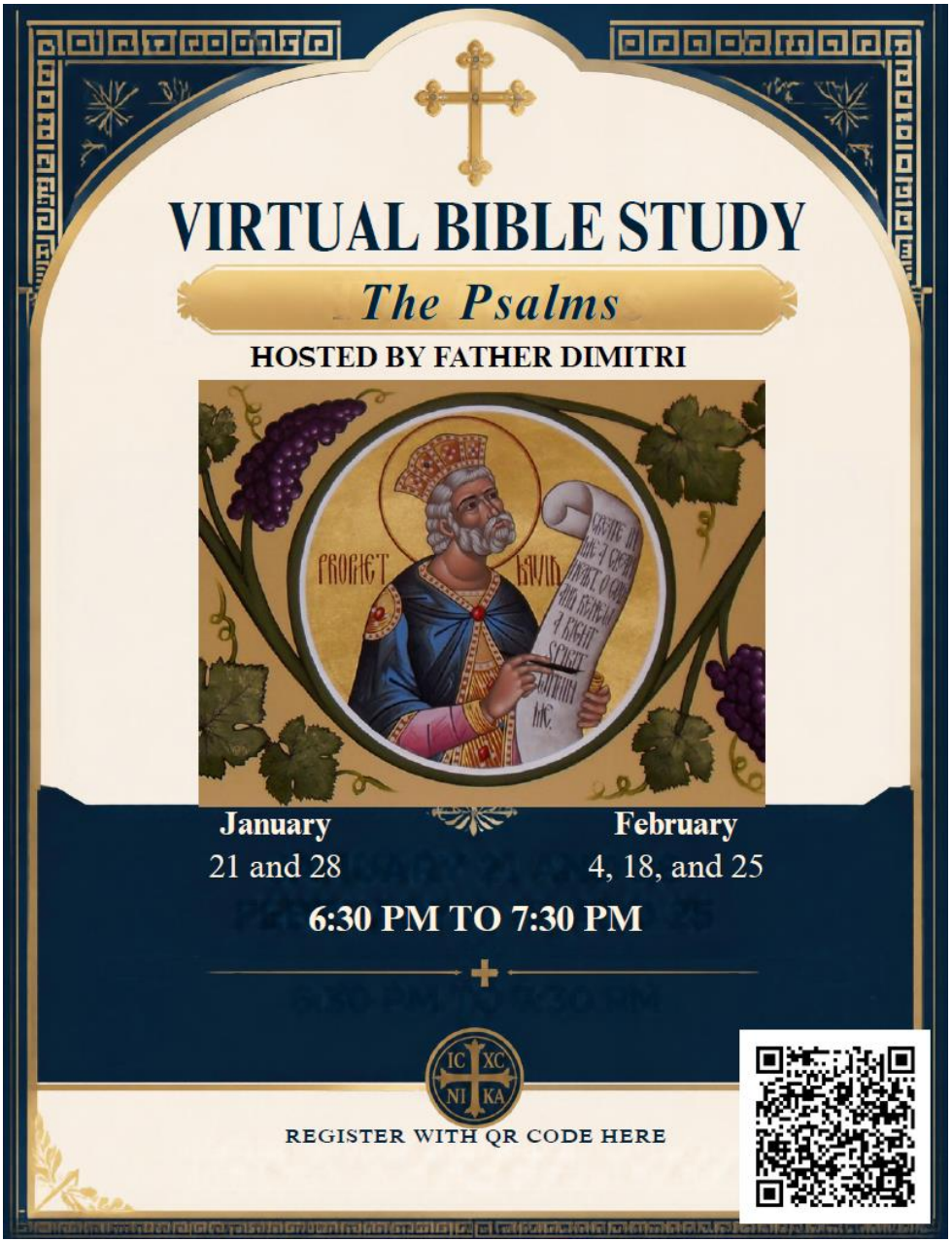
Τῷ καιρῷ ἐκείνῳ, ἄρχων λέγων· διδάσκαλε ἀγαθέ, τί ποιήσας ζωὴν αἰώνιον κληρονομήσω; εἶπε δὲ αὐτῷ ὁ Ἰησοῦς· τί με λέγεις ἀγαθόν; οὐδεὶς ἀγαθὸς εἰ μὴ εἷς ὁ Θεός. τὰς ἐντολὰς οἶδας· μὴ μοιχεύσῃς, μὴ φονεύσῃς, μὴ κλέψῃς, μὴ ψευδομαρτυρήσῃς, τίμα τὸν πατέρα σου καὶ τὴν μητέρα σου. ὁ δὲ εἶπε· ταῦτα πάντα ἐφυλαξάμην ἐκ νεότητός μου. ἀκούσας δὲ ταῦτα ὁ Ἰησοῦς εἶπεν αὐτῷ· ἔτι ἕν σοι λείπει· πάντα ὅσα ἔχεις πώλησον καὶ διάδος πτωχοῖς, καὶ ἕξεις θησαυρὸν ἐν οὐρανῷ, καὶ δεῦρο ἀκολούθει μοι. ὁ δὲ ἀκούσας ταῦτα περίλυπος ἐγένετο· ἦν γὰρ πλούσιος σφόδρα. ἰδὼν δὲ αὐτὸν ὁ Ἰησοῦς περίλυπον γενόμενον εἶπε· πῶς δυσκόλως οἱ τὰ χρήματα ἔχοντες εἰσελεύσονται εἰς τὴν βασιλείαν τοῦ Θεοῦ! εὐκοπώτερον γάρ ἐστι κάμηλον διὰ τρυμαλιᾶς ῥαφίδος εἰσελθεῖν ἢ πλούσιον εἰς τὴν βασιλείαν τοῦ Θεοῦ εἰσελθεῖν. εἶπον δὲ οἱ ἀκούσαντες· καὶ τίς δύναται σωθῆναι; ὁ δὲ εἶπε· τὰ ἀδύνατα παρὰ ἀνθρώποις δυνατὰ παρὰ τῷ Θεῷ ἐστιν.

THE GOSPEL - According to Luke 18:18-27

At that time, a ruler came to Jesus and asked him, "Good Teacher, what shall I do to inherit eternal life?" And Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Honor your father and mother.' " And he said, "All these I have observed from my youth." And when Jesus heard it, he said to him, "One thing you still lack. Sell all that you have and distribute it to the poor, and you will have treasure in heaven; and come, follow me." But when he heard this he became sad, for he was very rich. Jesus looking at him said, "How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." Those who heard it said, "Then who can be saved?" But he said, "What is impossible with men is possible with God."

PRAYER LIST

Anastasia, Christina, Anna, John, Harry, Susan, Paul, Konstantinos, Faye, Panagiota, Maria, Sophia, Nicholaos, Panagiota, Michael, Maria, Annette, Kathy, Aliki, Ernie, Anastasia, Christos, Vasili, John, Cedric, Margaret Arianna, Cleopatra, Tiffany, Maria, Marvin, Tiffany, Annette, Jodie, Evan, Despina and John.



Museum of the Bible Field Trip

Join us on **Saturday, February 20, 2027**, for a visit to the Museum of the Bible. Featured exhibits include rare icons from Thessaloniki and Patmos. Space is limited. Register through Church Center. For more information, contact Helen Nixon at Hapn526@gmail.com.



WE HAD A GREAT TIME AT OUR
HOPE & JOY NOVEMBER EVENT!







JOIN US IN DECEMBER FOR THE SUNDAY SCHOOL CHRISTMAS VILLAGE

SUNDAY, DECEMBER 20TH AFTER CHURCH

Enjoy holiday shopping (including frappe & baked goods) and fun for the kids (including cookie & ornament decorating, crafts and hot cocoa) in our Antigone Recachinas Grand Hall.











GOYA



November was a month filled with faith, fellowship, service and friendly competition for the GOYA. The Polizos family hosted the youth for their annual GOYAgiving. Our youth collected canned goods and kept our food pantry plentiful all month long. The youth also helped purchase, package and distribute thanksgiving meals to families in need, organized by our Outreach Ministry. Finally, they represented our church in two tournaments this month!









GOYA

Faith & Fellowship

DECEMBER 4 6:30-9 PM

Winter Growth

MEMORY CARE | ADULT DAY PROGRAM | ASSISTED LIVING

18110 Price Philip Drive, Olney, MD

CAROLING & HOT CHOCOLATE WITH THE RESIDENTS

Following our visit to Winter Growth (approximately one hour), dinner and discussion will take place in our GOYA room.

We look forward to seeing all of our GOYAns there!

SAINTS CONSTANTINE AND HELEN OF WASHINGTON, DC

LADIES PHILOPTOCHOS SOCIETY

Christmas BAKE SALE

SUNDAY, DECEMBER 13, 2026

Immediately following the Divine Liturgy

Baklava, Karithopita, Kataifi, Kourambiedes, Koulourakia, Melomakarona, and Tsourekia

Payment by:
Cash, credit, check or Venmo @philo-schgoc

~ THERE WILL BE NO PRE-ORDERS ~



LADIES PHILOPTHOS CHRISTMAS TOY DRIVE

Click here to purchase your toys now!




Saints Constantine and Helen
Greek Orthodox Church
Spanakopites
& Tiropites
For Sale
Celebrate the season
with Spanakopites and
Tiropites – 48 count each
$30.00 each
TO ORDER CALL
KATHY KAFARAKIS
410-812-1119
OR EMAIL
KKAFARAKIS@GMAIL.COM
Order by
December 10th
Pick up
December 20th
11:30am - 1:30pm
All proceeds to benefit Saints Constantine
& Helen Greek Orthodox Church


Please Join us and Support
Sunday School's Christmas Village
Sunday, December 20
Crafts, Baked Goods, Frappe,
Cookie Decorating for Kids and Hot
Cocoa

Saints Constantine & Helen Greek Orthodox Church of Washington, DC

admin@schgocdc.org | 240-389-1366 | schgoc.org

New Family Ambassadors Kickoff & Interest Meeting

Help new families feel at home and get connected to parish life.



Interest Meeting

Sunday, December 6

Directly following the Divine Liturgy

Large Sunday School Classroom

No experience necessary

Join us to help, support, and grow our community by sharing your love for the Orthodox faith.

Scan to sign up

church center

Questions?
Contact Helen Nixon at
hapn526@gmail.com

Come learn more and get involved.

JOURNEY OF MARRIAGE

A Pre-Marriage Seminar - Saturday, February 6th

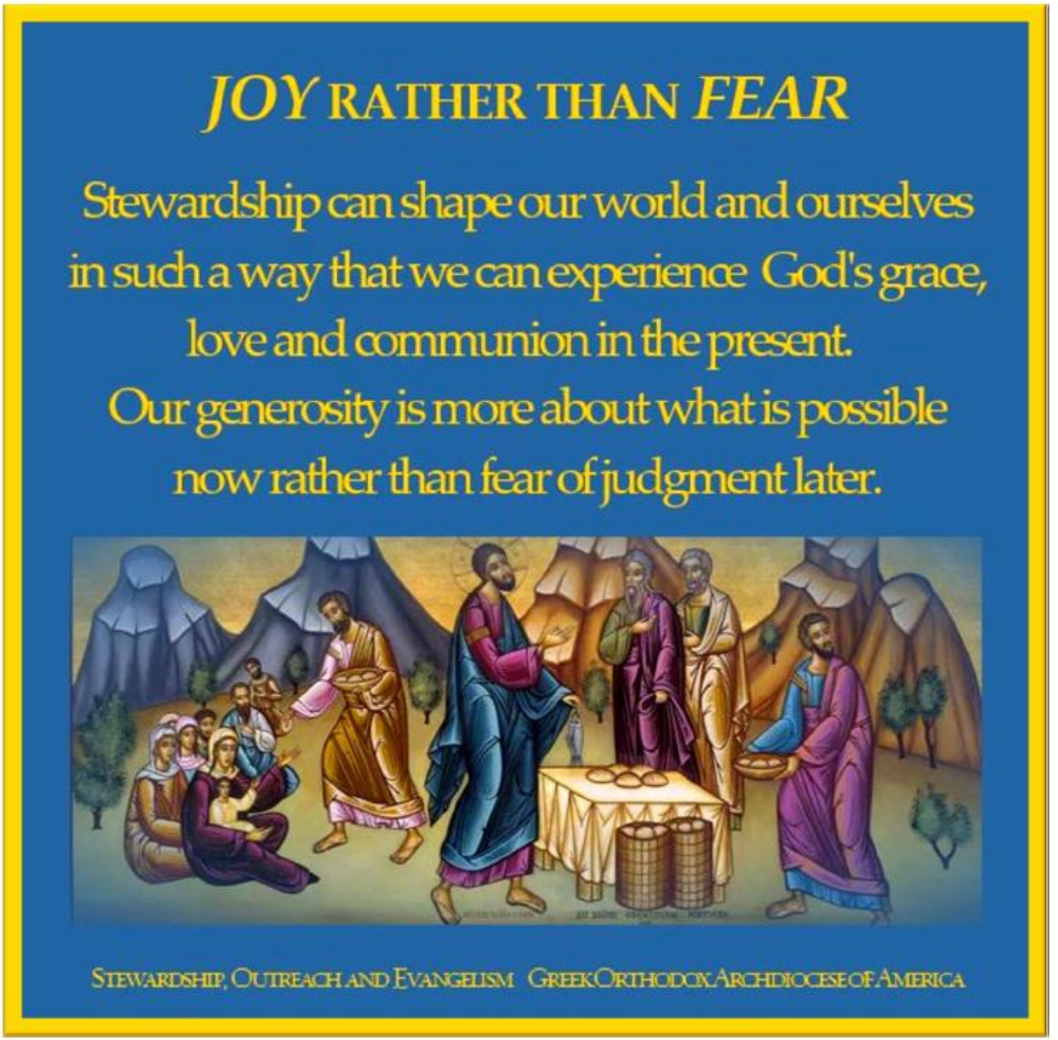
(Open to all married couples as well)

Scan the QR Code or Click here to join!



Saints Constantine & Helen Greek Orthodox Church
of Washington, D.C.

2026 Stewards
as of November 24, 2026



Adams, Harry & Stavroula
Aggelis, Nikolaos & Anthoula
Alexiou, Nina
Anagnostiadis, Emanuel & Ashley
Anagnostopoulos, Cristos & Georgia
Anayannis, John & Barbara-Anne
Anderson, Janis
Antzoulatos, Irene
Apostolopoulos, Andreas & Pinelopi
Argeroplos, Soterios Demetra
Assimakopoulos, Eliana
Asimenios, Michael
Athanasakis, Haralambos & Eleni
Athanason, Thomas & Carol
Atsalinos, Emmanuel & Kimberly
Augustin, Voula & Donald
Avgerinos, Christina
Backus, Angelo & Ann
Backus, Thomas & Jamie
Backus, Katerina
Baldwin, Eleni & Joseph
Balourdos, Panagiotis & Jennifer
Banks, Daniel & Andrea
Bergeris, Nicholas & Susan
Bergeris, Pauline
Binford, John & Joy
Binford, Victoria
Bisbikis, Lambros & Georgia
Bizbikis, Demetrios & Lefkothea
Borsas, Evriklia
Bratsakis, John & Heather
Brodsky, Artyom
Brummitt, Katerina & Andre
Cacho, Jose & Vasiliki
Calomeris, Anthony
Calomeris, Georgette
Calomiris, Thomas
Caloviras, Vasso
Campbell, Kathryn
Caperones, George & Mia
Carlisle, Stamatia & Dane
Cavasilios, Antonios
Caviris, Nicholas
Chahalis, Georgia
Chahalis, Nicholas & Dina
Chahalis, Peter
Chakalakis, Nicole
Chakalakis, Pete
Chanakas, Helen
Chapin, Irene
Charalambous, Charalambos & Carmen
Chasapis, Father Kallinikos
Cheakalos, James & Betsy
Cheakalos, Evangelia & Demetrios
Cheakalos, John & Georgia
Cheakalos, Barbara J.
Christodoulakis, John & Maria
Ciesielski, David & Alexandra
Clifton, Charles & Christina
Colevas, Raymond & Anna
Cornias, George
Costa, Bill & Kimberly
Courtis, Linsey & Daniel
Courtis, Sylvia
Crassas, James & Georgia
Dakoulas, Panagiotis
Damare, Maria
Damare, Alexandra
Damianos, Nicholas

Daoud, David & Razan
Delarivas, Andy & Jamie
Demer, Teresa
Demer, Matthew
Dialektakos, James & Maria
Dimidis, Demetrios & Angie
Dimos, Mary
Dionisopoulos, Kosta & Marina
Dizelos, Theodore & Angelike
Dizelos, Evangelos
Dizelos, Victoria
Doulaveris, Dena & Andreas
Dounis, William
Drakakis, Kosta & Desiree
Eisenacher, Joanna & Kevin
Esayas, Nebiy & Rebecca
Fafoutis, Steve & Olympia
Ferentinos, Metaxas & Morfini
Ferentinos, Georgia
Ferentinos, Max & Mary
Ferentinos, Zack
Ferentinos, Eleni
Firippis, Pantelis & Ioanna
Flanders, Ioannis
Fliakas, Nicholas & Davinia
Fliakas, James
Foster, Geneva
Fotos, Pauline Magnant
Fragkos, Theologos & Sophia
Frantzis, Dimitrios & Myrofora
Fuchsman, Ronald & Elizabeth
Garbis, George & Efy
Garrett, Pauline, Robert
Georgakopoulos, Panagiotis
Georgakopoulos, Gianoula & Christos
Georgakopoulos, Marika
Georgallas, Donna & Pete
Georgiou, Joanna & Andreas
Georgiou, George & Eva
Georgopoulos, Jennifer & Sarantos
Georgopoulos, Vasiliki
Gerohristodoulos, Hrisostomos & Eileen
Giakoumatos, Zoe
Gibbs, Robert
Girard, Nicholas & Gabriella Doucas
Glaros, Dean
Glekas, Panagiotis & Garyfallia
Glorioso, Stephanie
Goodier, Chelsea & Costas Vellios
Gouskos, Stephanie
Grieco, Chrysanthy M.
Haefeli, Elizabeth & Douglas
Hajicosti, Xenia
Hallas, Katherine & Michael
Hallas, Nick & Heather
Harrison, Michael & Stella
Hays, Paraskevoula
Herald, William
Hristopoulos, Julie & Vasilios
Impeduglia, Kathryn
Ioakim, Gus & Vasiliki
Isaacs, Katerina & Brandon
Jenkins, Patricia
Jianos, Evanthia
Jones, Helen
Jones, Damani
Jordan, Petroula
Jurado, Benjamin & Sharon

Kafarakis, Alexander & Charissa
Kafarakis, Maria
Kafarakis, Menelaos
Kafarakis, Phillip & Katherine
Kalamoutsos, Eleni
Kalamoutsos, Vasilios
Kalapothakos, Andriana
Kalaris, Georgia
Kaldis Anastasia & Jack Smith
Kaldis, Anastasios & Vasiliki
Kaldis, Angeleke
Kaldis, Spiros A.
Kaldis, Spiros & Constantina
Kallinikos, John & Kathy
Kalogeropoulos, Aristidis & Lena
Kambanis, Catherine
Kanaras, Sotirios
Karabatis, George & Saydeh
Karadimas, Athanasios & Katherine
Karadimas, Spiros & Terri
Karagiannis, Ioannis
Karakatsanis, Stavros & Anthoula
Karavangelos, Agatha
Kariotis, Efthimia
Karoutsos, Costantinos
Karoutsos, Nickolaos & Dimitra
Karoutsos, Panagiotis
Kasaskeris, Antonios
Kasaskeris, Spiros & Lauren
Katsafanas, George & Rovena
Kavadias, Theodora
Kavadias, Demetrios & Erica
Kavadias, Gabriel
Kavadias, Jerry & Tara
Kavadias, Kyriaki
Kavadias, Olivia
Kefalas, Chrys
Kisas, Dimitra
Kokonis, Nick J.
Kokonis. Nicholas P.
Kontakiotis, Stelios & Katherine
Kontos, Aleko & Elenna
Kontos, Anastasia
Koskinas, Olympia
Kostolampros, Georgia
Kotsiras, Anastasia
Kountouras, Lazaros & Gabriela
Kourkounakis, Angie
Kousiafes, Dimitrios & Antonia
Koutras, Victoria
Koutras, John
Koutras, Demetre, Jr. & Christina
Koutras, Ernest & Irene
Koutras, Bessie
Koutras, Demetre & Mary
Koutras, Louis & Jennifer
Koutras, John Alexander & Stephanie
Koutris, John & Autumn
Koutris, Effie
Koutris, George & Anna
Koutris, George
Koutsoutis, Socrates & Anne
Kruml, Joseph
Kyriakidis, Ellie & Yiannos
Kyritsopoulos, Niko
Ladany, Kalliopi
Lambis, Barbara
Lappas, Dimitrios & Dimitra Mammos
Lappas, Maria
Lappas, Paul & Penny

Larkin, Donald & Marianne
Lee, Father Dimitrios & Sebastian
Lee, Maria & Robert
Levantis, Spiro & Christina
LoCicero, Elijah & Courtney
Lolas, Anastasia
Loukas, Spyros & Elaine
Maestros, Maria
Magoulas, Paula
Maheridis, Pete & Nicole
Makrodimitris, Kosta
Malagisi, Christopher & Anna
Malakasis, Virginia & Spiros
Mamakos, Francesca
Mantzouranis, Christopher
Mantzouranis, George A. & Anastasia
Mantzouranis, Athanasia J.
Mantzouranis, James &Maria
Mantzouranis, John & Heidi
Mantzouranis, Lefki
Mantzouranis, George J.
Mantzouranis, George C. & Sophia
Mantzouranis, Alexandra
Manuel, Mary
Marafatsos, Christos & Andrea
Marafatsos, Petros & Nikki
Marafatsos, Demetrios
Marafatsos, George & Demitra
Marafatsos, Petros & Eugenia
Marinos, Eleni
Marinos, George & Maria
Markatatos, Ekaterini
Marketon, Jeanette & John
Markogiannakis, Alex & Despina
Markos, John & Katherine
Marlas, Cleon & Pauline
Marmaras, Thalia
Marmaras, Dimitrios & Maria
Marmaras, Peter & Nancy
Maroules, Emma
Maroules, Efrem & Elizabeth
Masten, Maria
Mathis, Alyssa
Mathis, Ekaterini & Gregory
Matrakas, Theodore & Katherine
Mavridis, Josif
Mavromatis, Cassiane
Mavromatis, Cornelia
Mavromatis, Elias & Hrisoula
Mavromatis, Jacob
Mavromatis, Louis & Lydia
Mavrophilipos Vasilios & Maroula
Mayes Chrysse & Joseph
McCully, Jess & Joseph
Mercado, Stamatia & Richard
Metallinos, Yanni
Michael, Chris & Anne
Michaels, Alexandra
Mihailidis, Constantine
Mihailidis, John & Eugenia
Mihailidis, Minas
Mina, Angeliki
Mina, Dora & Mario
Mitov, Radoil & Maria Lampadarios
Monastiriakos, Kelly
Morton, Joseph & Efthymia
Moshogianis, Myroulla & Manuel
Motsiopoulos, Christos & Diana
Mulchi, Kalliope & Charles

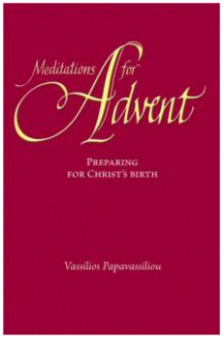
Murshed, Roni & Irene
Mylonas, Athena
Nasios, Sotirios & JoAnn
Nasios, Vasilios & Evangelia
Nathenas, Georgia
Nathenas, Pelagia
Nichols, Stephanie
Nicholson, Pelagia & Roy
Nixon, Adam & Helen
Noland, Jacqueline
O'Donnell, Michael & Panayiota
Pahigiannis, Maria
Panagiotopoulos, Helen
Panagoulias, Dimitrios & Theodora
Panos, Caterina & Panagiota
Pantazes, Litsa
Pantazopoulos, Sotirios
Pantazopoulos, Pete
Papakostas, George & Valia
Papaloizos, Stavros & Victoria
Papaloizos, Maria
Papoulias, Christos & Margaret
Pappas, Nicholas & Nicolette
Paschalidis, Nikolaos & Maria
Paspalis, Constantinos & Eleni
Passas, Diamando
Patico, Alexander & Elaine
Pavlides, Michael & Marie
Perona, Christopher & Kristina-Maria
Perrus, Sofia
Perrus, James & Stacy
Perry, Geoffrey & Christine
Pino, Christina
Pino, Alexandra
Piskapas, Dimitri & Alexandra
Pittas, George & Marjorie
Pittas, Nicholas & Alexandra
Pournaras, Athanasios & Marika
Prokopic, Stella
Psallidas, Charilaos & Paraskevi
Qesari, Vangel & Margarita
Rakis, Pauline
Raptis, Athanasios & Athanasia
Raskovic, George & Christine
Recachinas, Anastasios
Recachinas, Andrew & Sophia
Recachinas, Andrew & Eleni
Recachinas, Demetrios
Recachinas, Maria
Recachinas, George & Sandra
Reiter, Charity & Lucas
Resutek, Greg & Penny
Retzos, Christos & Angela
Retzos, Evangelos & Nikki
Rikos, Kostas & Sperry
Rogers, Athena & Christopher
Romas, George & Elaine
Romeos, Olga & Vasilios
Roros, Maria
Roros, Minas
Rothenberger, Christopher & Marilena
Russow, Eleni & Robert
Sakkos, Christos & Pauline
Sakkos, Ted & Fifi
Salicru, Adriano & Eleni
Sardelis, Anna
Savvidis, Anna
Sideris, George & Angela
Sideris, Panagiotis & Irene

Sigalas, Anthony & Katina
Siopsis, Apostolos
Siozios, George
Sirinakis, Kyparissia & Mark Wilburn
Siskos, Pavlos & Allison
Sissamis, William & Anastasia
Skarvelis, John & Christine
Skarvelis, Gregory & Anastasia
Skenderis, Anastasia
Skipton, Maria
Solomos, Marianthi
Somwaru, Agapi & Rudolph
Sourvinos, George & Eleni
Soves, Chris & Constance
Spiropoulos, Pete & Joann
Stamidis, Dimitrios & Maria
Stamos, Stamatia & William
Stamos, Maria
Stamos, Jennifer
Stamos, Niko
Stathes, Electra
Stathes, Nick & Vasiliki
Stathes, Paul & Konstandina
Stathopoulos, Patricia
Stratakos, Diamanto
Stratakos, Christina
Strates, Athena
Strats, Panagiota
Straub, Daniel & Fotiny
Strickland, Chase & MaryElle
Sutherland, Colleen
Swift, Jennifer
Tatakis, George & Angie
Theologou, Georgia
Thompson, Gregory & Jackie
Thornberg, Bernard & Helen
Tiches, Charles & Anastasia
Tiches, Alexander
Tiches, Matt & Effie
Tiches, Mrs. Louis J. (Kathryn)
Tjoumas, Constantine & Constance
Tompros, Angelo & Katherine
Triantis, Vassiliki
Tsahalis, Nicholas & Demitra
Tsakos, Irene & Steven
Tsamoutalis, Kristin & Al
Tsiamis, Yianni & Anika
Tsiamis, Nikolas
Tsianakas, Evangeline & Gregory
Tsintolas, Stratis & Suzanne
Tsiolis, Kostas & Michelle
Tsipianitis, Demetrios & Vasiliki
Tsipouras, Vasiliki
Tsonis, Konstantinos
Tsonis, Kitsa & Nikolaos
Tzamaras, Bill & Katy
Vakalopoulos, Avgerinos & Elizabeth
Vakalopoulos, Xenofon
Vallone, Sofia
Vallone, Vito & Jocelyn
Vallone, Helen & Christopher
Van Stry, Dylan & Samantha
Vargas, Yianna & Jose
Vissas, Christine
Vithoulkas, Constantine & Paraskevi
Wahba, Irene & Abrahim Morjana
Ward, Dennis & Stasy
Ward, Andrew
Wasef, Ioanna

Watts, Nathan & Ali
Welsh, Michael & Alexandra
Xanthos, Theodora
Xenohristos, Christos & Vanessa
Xeron, George
Xeron, Efthimios & Dorothy
Yfantis, Chris
Yfantis, Vasso
Yfantis, George & Irene
Zambetis, Athan
Zambetis, Matina
Zambetis, Tom & Angela
Zavras, Soula
Zevitas, John & Stephanie
Zibragos, Anastasia
Zuras, Constantine & Eva



Saint Kosmas Aitolos Bookstore!

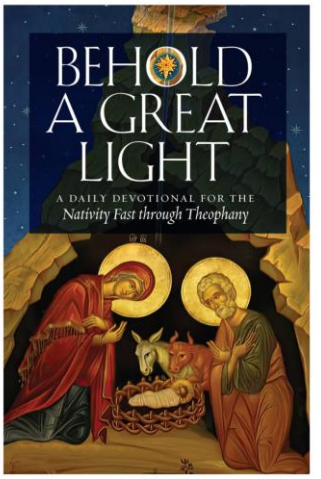


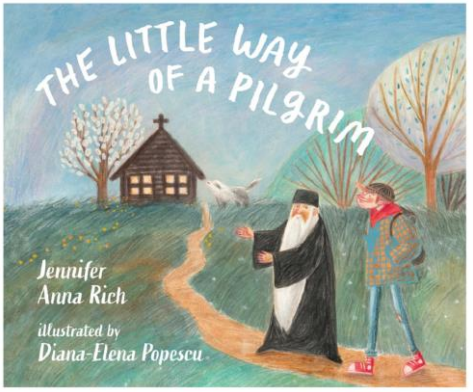
Meditations for Advent

The author of the popular Meditations for Great Lent takes us through the hymnography, scripture readings, and iconography for the forty days leading up to the Nativity of Christ, showing how a full understanding of the Incarnation can enrich our spiritual lives.

Behold a Great Light

The forty days of fasting before Christmas are meant to prepare us for the Feast of the Nativity, but the busy-ness of the secular celebration can interfere with our best efforts to center our hearts on Christ. Behold a Great Light is a daily devotional designed to help readers contemplate the mysteries of the Incarnation during the fast and the Christmas-Theophany season, ending with the Synaxis of St. John the Baptist on January 7.





A Little Way of A Pilgrim

Travel alongside our pilgrim in this whimsically illustrated retelling of the Russian classic The Way of a Pilgrim. Here is a serious adventure poised to embed the love of the Jesus Prayer in the hearts of children and their bedtime readers alike. As he sets his curious feet forward, our pilgrim is tenacious in his quest for prayer. His winding path leads him into a deep love for all creation, offers tools to overcome anxious thoughts, and reveals surprisingly simple ways of experiencing the joy of being with God.

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Sunday, November 29, 2026 | Thirteenth Sunday of Luke

DIAKONIA

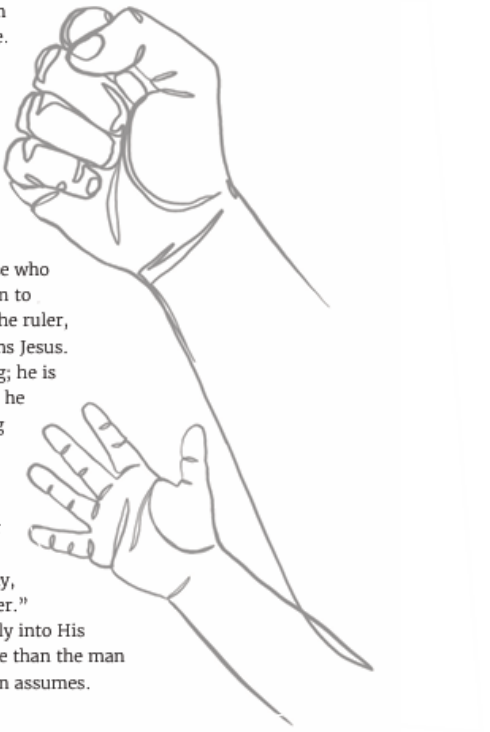
A National Ministry of the Greek Orthodox Archdiocese of America

REFLECTIONS FROM TODAY'S READING | *Luke 18:18-27*

Fr. George Parsenios (HCHC '96)

"Why do you call me good?"

When a passage of the Bible confuses us, we can often find clarity by examining the context of the passage. This is certainly the case with today's Gospel reading. When the rich ruler greeted Jesus by calling him "good teacher," Jesus said, "Why do you call me good; God alone is good." Why did Jesus say this? When he said that the term "good" applies only to God, he seemed to say that he himself was NOT God. The context of our passage can help explain why Jesus rebuffs the rich ruler in this way. This event is recounted right after the scene where Jesus said that the kingdom of God belongs to those who are as innocent as children, and Christ invited the children to come to him. The children present a stark contrast with the ruler, whose arrogant presumption we clearly see as he questions Jesus. They are children; he is a mature adult. They own nothing; he is extremely wealthy. They approach mildly and innocently; he questions Jesus aggressively. Most important, they belong to the kingdom of heaven; the rich ruler still lacks what is required to enter the kingdom. This contrast between the blessing of the children and the questioning by the ruler shows us that the rich youth is not an honest seeker after the kingdom, but a self-satisfied person who thinks he understands everything God requires. Most importantly, he sees Jesus as only a man, as just another " good teacher." Jesus rebuffs the man in order to help him see more deeply into His identity. He pushes the man to see that God requires more than the man presumes, and that Jesus is someone greater than the man assumes.



Fr. George Parsenios *is Professor of New Testament at Holy Cross Greek Orthodox School of Theology.* ***www.hchc.edu***

Diakonia *is made possible by a generous grant from* ***Leadership 100***

Scan for today's service text

bit.ly/parishtexts

FROM THE ORIGINAL GREEK: kêrygma (Κήρυγμα)

What does "Proclamation" mean?

Fr. George Parsenios (HCHC '96)



The Greek term ***κήρυγμα/ kerygma*** refers to the public proclamation of a herald or messenger, and is the word used to describe the preaching of the Gospel in the New Testament. When John the Baptist begins his ministry, he proclaims the Gospel (Mark 1:7) just as Jesus does (Mark 1:14), and just as Christians do in imitation of the Lord (Mark 3:14). St. Basil the Great establishes an important distinction between the public proclamation in the kêrygma, and the silent, internal teaching of the Church known only by those who are already Christians, which he calls our private dogmata/dogmas (On the Holy Spirit, 66). St. Basil insists that these unwritten and secret dogmata have the same force as the public proclamation in the kêrygma. These private teachings include things like praying while facing East or blessing the waters used for baptism. The kerygma contains everything necessary for drawing people to Christ, but the private dogmata contain further information that is necessary for a full sacramental, liturgical and ascetical life. These unwritten and esoteric teachings, he maintained, are not necessary to come to faith, but they are essential for growing in faith.



Aristotle George "Harry" Agganis. Public Domain.

THIS WEEK'S LOOK AT CHURCH HISTORY

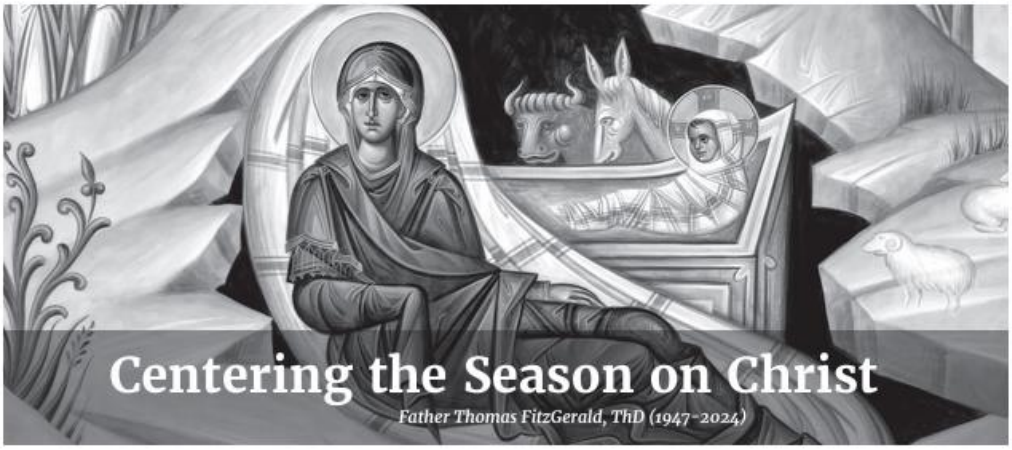
Harry "The Golden Greek" Agganis

Harry "The Golden Greek" Agganis, a celebrated professional athlete and devout Orthodox Christian, tragically passed away at the age of 26 on June 27th, 1955. Born the child of Spartan immigrants, Agganis grew up in Lynn, Massachusetts, and attended the parish of St. George. A gifted football and baseball player, Agganis stayed close to home to play for Boston University, where he became an All-American and national sensation.

Turning down $50,000 to play football for the Cleveland Browns, Agganis elected to play baseball for the hometown Boston Red Sox. Faith and family were essential to Agganis, who was known to always light a candle in St. George's prior to each Red Sox home game.

After fighting off a bout of pneumonia, Agganis died suddenly of a pulmonary embolism. His funeral drew crowds of mourners numbering in the tens of thousands. In an unprecedented move, Archbishop Michael instructed all Greek Orthodox parishes in the Western Hemisphere to observe the 40-day memorial. "The Golden Greek" was later inducted into the College Football Hall of Fame in 1974.

Diakonia *is made possible by a generous grant from* ***Leadership 100*** | *L100.org*



Centering the Season on Christ

Father Thomas FitzGerald, ThD (1947-2024)

What shall we offer you, O Christ? Who for our sake appeared on earth as a human? Every creature made by you offers you thanksgiving. The angels offer you a hymn, The heavens, a star, The magi, gifts, The shepherds, their wonder, The earth, its cave, The wilderness, a manger, And we offer to you, a Virgin Mother.

—Orthodox Christian Vesperal Hymn

The story of the birth of Christ and its true significance is often clouded by the commercialism of the season. There is a very frenzied pace to these days which can so easily depersonalize us and dampen the true joy of the season. The stores tempt us for weeks on end to buy this thing or buy that thing. Some of us prefer to speak of the 'Holiday Season' rather than of Christmas. Many schools have forbidden the remembrance of Christ's birth in the classroom. Yes, throughout our society, many fail to remember that the coming of Christ is truly at the heart of the Christmas celebrations.

What can we do? Let us remember that the season celebrates the love of God revealed in the coming of Christ. For those with faith, the colored lights, the green trees, the wreaths and the flowers are symbols of the joy of Christmas. Let us celebrate the joy of Christ's coming!

Let us share the love of God with others. Christ has come to bear witness to the Father's love for us. We too can share this love with others, especially with the poor and less fortunate among us. We can be sensitive to those who cannot easily celebrate because of a loss in their lives. Let us be the ambassadors of God who share His care and philanthropy.

Let us seek the Lord with an open heart as the shepherds and wise men did. This means that we find opportunities for prayer and meditation, for reading the Scriptures related to Christ's coming. This means that we can make Christmas a special day by participating in the Divine Liturgy and by receiving Holy Communion with reverence for God, with faith and with love.

Nativity of Christ icon from Saint Nicholas Church and National Shrine, New York, NY.

Diakonia *is made possible by a generous grant from* ***Leadership 100*** | ***L100.org***

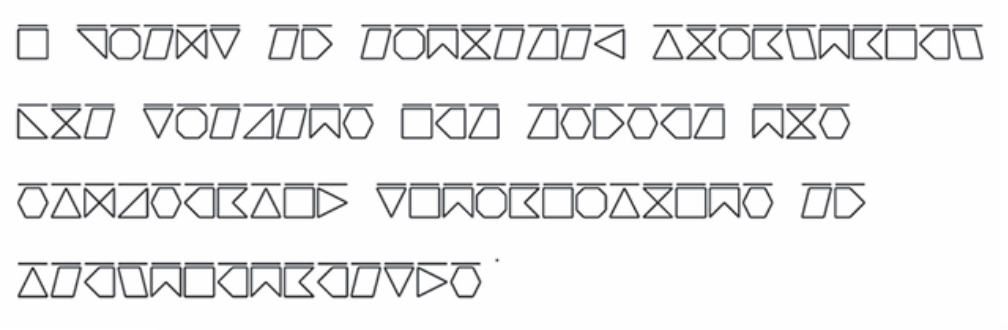


Just For Kids!
(...and the young at heart)

SECRET CODE GENERATOR
Archons/St. Andrew

St. Andrew the First-Called, celebrated tomorrow, is an important saint in the Orthodox Church. He was the very first disciple called by Jesus to follow Him. After meeting Christ, Saint Andrew was so excited that he told his brother Peter, "We have found the Messiah!" He spent the rest of his life sharing the Good News of Jesus with others. St. Andrew is also known as the Patron Saint of the Archons of the Ecumenical Patriarchate. ***Just as St. Andrew followed Christ with courage and helped bring people to Him, the Archons do the same. Curious as to what their mission is? Solve the code to find out!***

DECODE THE MESSAGE:



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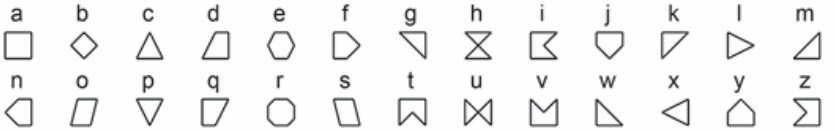

ANSWER KEY:



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Washington, DC

Rev. Father Dimitrios Lee
- Presiding Priest

Very Rev. Father
Kallinikos Chasapis
- Assistant Priest

Phone: (240) 389-1366



Project Sam is created in loving memory of Samantha Eliades (1989-2023) and her deep love for the Greek Orthodox Church.

Our priority is to support and embrace this exceptional community.

Directory of Ministries

Saints Constantine and Helen Greek Orthodox Church of Washington, DC

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