



# Saints Constantine & Helen Greek Orthodox Church of Washington, D.C.



January 25, 2026

15th Sunday of Luke

WHEN OUR TIME ON THIS EARTH IS DONE, MONEY OR MATERIAL THINGS WILL NOT MATTER. BUT THE LOVE, TIME AND KINDNESS WE'VE GIVEN OTHERS WILL SHINE AND LIVE ON FOREVER..



## Church Announcements

**Due to the impending inclement weather, and out of concern for the safety of our parishioners, Church service for Sunday January 25th has been cancelled.**

**Bible Study: Old Testament-Covenant, Faithfulness, & Preparation with Father Dimitri** on January 15th, January 29th and February 5th (6:30 pm to 8:00 pm in the Antigone Re cachinas Grand Hall and via zoom). Please email Helen Nixon at [hapn526@gmail.com](mailto:hapn526@gmail.com) for more information.

**Apostolic & Patristic Conversations with Father Kallinikos:** Discussion about the lives of the Holy Apostles and Saints of the Orthodox Church on January 13th, 20th & 27th at 6:30pm in the Versis Center.

**Godparent's Sunday:** February 1st. Students should plan to stay in church with their Godparents and receive Holy Communion.

**Grief Share Ministry:** Winter/Spring Session starting February 2nd -7:00pm-8:30pm via zoom. Please go to <https://find.griefshare.org/groups/286403>, to sign up today. For more information please contact Katy Tzamaras at (240) 938-6549 or [ktmom3@gmail.com](mailto:ktmom3@gmail.com).

**Summer Camp Scholarship:** Sponsored by the Louis J. Tiches Memorial Ionian Village Scholarship Fund and the Ladies Philoptochos Society. For more information please see Effie Tiches.

**Start the New Year with a House Blessing:** As we prepare to renew and refresh our spiritual lives, we invite you to schedule a visit for the annual house blessing. Together, we will pray for God's protection, guidance, and grace to fill your home in the coming year. Please contact Penny, (240-389-1366-ext. 2), to set yours up today.

## Upcoming Church Service

**Friday, January 30th - Synaxis of the Three Hierarchs** – Divine Liturgy: 9:30am

**Sunday, February 1st: Sunday of the Publican & Pharisee-Triadion Begins**  
Orthros 8:15am | Divine Liturgy: 9:30am

Donate by scanning  
this QR Code

church center giving

Collection Tray



Download the  
**Church Center**  
Mobile App





## Ο ΑΠΟΣΤΟΛΟΣ - Πρὸς Ἐβραίους 7:26-28; 8:1-2

Ἄδελφοί, τοιοῦτος γὰρ ἡμῖν ἔπρεπεν ἀρχιερεύς, ὅσιος, ἄκακος, ἀμίαντος, κεχωρισμένος ἀπὸ τῶν ἀμαρτωλῶν, καὶ ὑψηλότερος τῶν οὐρανῶν γενόμενος· ὃς οὐκ ἔχει καθ' ἡμέραν ἀνάγκην, ὥσπερ οἱ ἀρχιερεῖς, πρότερον ὑπὲρ τῶν ἰδίων ἀμαρτιῶν θυσίας ἀναφέρειν, ἔπειτα τῶν τοῦ λαοῦ· τοῦτο γὰρ ἐποίησεν ἐφάπαξ, ἔαυτὸν ἀνενέγκας. Ὁ νόμος γὰρ ἀνθρώπους καθίστησιν ἀρχιερεῖς, ἔχοντας ἀσθένειαν· ὁ λόγος δὲ τῆς ὄρκωμοσίας τῆς μετὰ τὸν νόμον, νιὸν εἰς τὸν αἰῶνα τετελειωμένον. Κεφάλαιον δὲ ἐπὶ τοῖς λεγομένοις· τοιοῦτον ἔχομεν ἀρχιερέα, ὃς ἐκάθισεν ἐν δεξιᾷ τοῦ θρόνου τῆς μεγαλωσύνης ἐν τοῖς οὐρανοῖς, τῶν ἀγίων λειτουργός, καὶ τῆς σκηνῆς τῆς ἀληθινῆς, ἣν ἔπηξεν ὁ κύριος, καὶ οὐκ ἄνθρωπος·

## THE EPISTLE - St. Paul's Letter to the Hebrews 7:26-28; 8:1-2

Brethren, it was fitting that we should have such a high priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; he did this once for all when he offered up himself. Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son who has been made perfect for ever. Now the point in what we are saying is this: we have such a high priest, one who is seated at the right hand of the throne of the Majesty in heaven, a minister in the sanctuary and the true tent which is set up not by man but by the Lord.

## ΤΟ ΕΥΑΓΓΕΛΙΟΝ - Κατὰ Λουκᾶν 19:1-10

Τῷ καιρῷ ἐκείνῳ, εἰσερχομένου αὐτοῦ εἰς τινα κώμην ἀπήντησαν αὐτῷ δέκα λεπροὶ ἄνδρες, οἵ ἔστησαν πόρρωθεν, καὶ αὐτοὶ ἡραν φωνὴν λέγοντες· Ἰησοῦ ἐπιστάτα, ἐλέησον ἡμᾶς. καὶ ἴδων εἶπεν αὐτοῖς· πορευθέντες ἐπιδείξατε ἔαυτοὺς τοῖς ιερεῦσι. καὶ ἐγένετο ἐν τῷ ὑπάγειν αὐτοὺς ἐκαθαρίσθησαν. εἰς δὲ ἐξ αὐτῶν, ἴδων ὅτι ἱάθη, ὑπέστρεψε μετὰ φωνῆς μεγάλης δοξάζων τὸν Θεόν, καὶ ἐπεσεν ἐπὶ πρόσωπον παρὰ τοὺς πόδας αὐτοῦ εὐχαριστῶν αὐτῷ· καὶ αὐτὸς ἦν Σαμαρείτης. ἀποκριθεὶς δὲ ὁ Ἰησοῦς εἶπεν· οὐχὶ οἱ δέκα ἐκαθαρίσθησαν; οἱ δὲ ἐννέα ποῦ; οὐχ εὐρέθησαν ὑποστρέψαντες δοῦναι δόξαν τῷ Θεῷ εἰ μὴ ὁ ἀλλογενὴς οὗτος; καὶ εἶπεν αὐτῷ· ἀναστὰς πορεύου· ἡ πίστις σου σέσωκέ σε.

## THE GOSPEL - According to Luke 19:1-10

At that time, Jesus was passing through Jericho. And there was a man named Zacchaeos; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaeos, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeos stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."



## FUTURE MEMORIALS

**February 8th** - John Haikalis, Elias Pantazopoulos, Vasilios Trakas and Nicolas, Stavroula & Matina Zuras

**February 15th** - Nikephoros & Vasiliki Argeropoulos, Nicholas Demetrios Bardosa, Jeff Steven Jordan, Anastasios Karavangelos, Alexander Kotsopoulos and Anastasia "Stacy" Helen Panos

**March 8th** - Anna Dakoulas and Vaso & George Kavadias

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## PRAYER LIST

Konstantinos, Demetrios, Maria, Annette, Kathy, Aliki, Ernie, Anastasia, Christos, Vasili, John, Cedric, Margaret Arianna, Cleopatra, Tiffany, Maria, Marvin, Tiffany, Annette, Jodie, Evan, Despina, John, Dimosthenis, Stelios, Alexandra, Dionysia, Hariklia, Konstantinos, Bridget, George, Peter, Matthew, Litsa, Don, George, Helena, Bill, Andriana, Harry, Phil, Mark, Nikos, Anna, Evangelia, Kathy, Tina, Gloria, Demetrios, Andreas, Chrisoula, Panagiotis, Anastasia, George, Panagiota, Maria, Paul, Anna, Eleni and George.

## PRAYER FOR A SICK PERSON

Heavenly Father, physician of our souls and bodies, who have sent Your only-begotten Son and our Lord Jesus Christ to heal every sickness and infirmity, visit and heal me Your servant from all physical and spiritual ailments through the grace of Your Christ. Grant me patience in this sickness, strength of body and spirit, and recovery of health. Lord, You have taught us through Your word to pray for each other that we may be healed. I pray that You heal me as Your servant and grant me the gift of complete health. For You are the source of healing and to You I give glory, Father, Son and Holy Spirit. Amen.

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## **Attention Graduating High School Seniors!**

The Washington Metropolitan Area AHEPA-DOP Scholarship Program celebrates 56 years of recognizing and celebrating outstanding student achievement in academics, athletics, and community service. Students must apply online at [ahepadcmetroawards.org](http://ahepadcmetroawards.org) by March 31, 2026. Scholarship awards will be presented to recipients at the Annual Scholarship Banquet on May 17, 2026, at DoubleTree by Hilton McLean Tysons. We salute all our patrons whose loving care and generous contributions have kept this program alive for so many decades. We invite the Greek Orthodox community to support our youth and this scholarship program through tax deductible donations made online or by mail (details at [ahepadcmetroawards.org](http://ahepadcmetroawards.org)). For more information about the program, please contact Karen Polizos 571-216-4099, [karenspolizos@gmail.com](mailto:karenspolizos@gmail.com); Ergini Martnishn, 571-215-8695; or Sophia Alpos 571-225-3330.

## Versis Center

The Versis Center was blessed by Father Dimitri and Father Kallinikos with the cutting of the Vasilopita on Thursday, January 22nd.

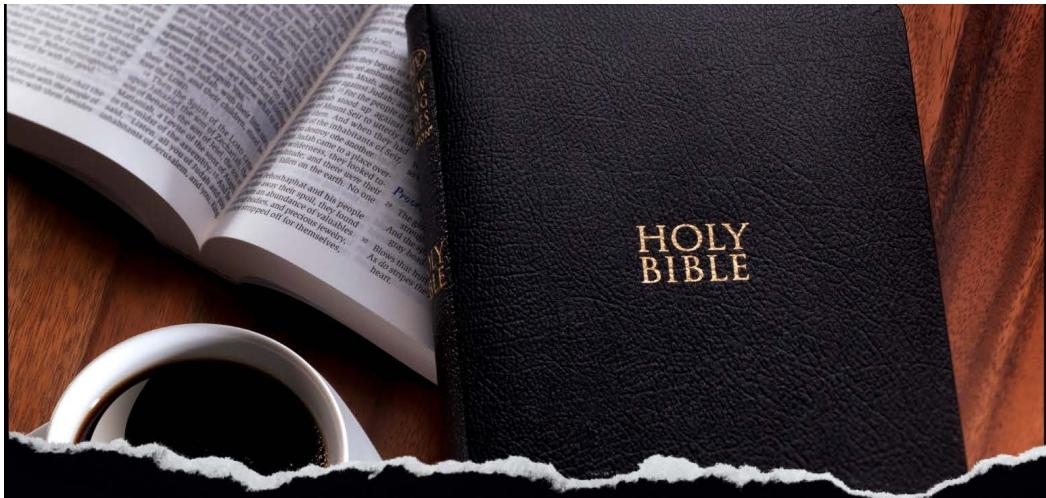
We thank our Maria Kafarakis for baking the delicious Vasilopita, which everyone enjoyed. The lucky coin was found by Andy J. Recachinas!

We wish Andy, and all of our patrons, good health, happiness, and God's blessings throughout the coming year.



# BIBLE STUDY

[Click here to sign up today!](#)



# BIBLE STUDY

OLD TESTAMENT  
Covenant, Faithfulness, and Preparation



January 15, January 29, and February 5  
(register with the QR code below)

Please contact Helen Nixon at [Hapn526@gmail.com](mailto:Hapn526@gmail.com) for more information

Father Dimitri Lee



6:30 pm to 8:00 pm in  
the Grand Hall and via  
Zoom



# APOSTOLIC & PATRISTIC CONVERSATIONS



SAINTS CONSTANTINE & HELEN  
GREEK ORTHODOX CHURCH, WDC

WHEN: JAN 13<sup>TH</sup>, 20<sup>TH</sup> & 27TH

WHERE: VERSIS CENTER

TIME: 6:30PM TO 8:00PM

## APOSTOLIC & PATRISTIC CONVERSATIONS

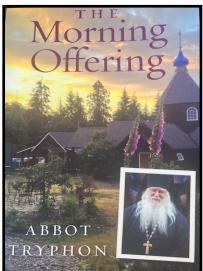
*DISCUSSION ABOUT THE LIVES OF THE HOLY APOSTLES AND  
SAINTS OF THE ORTHODOX CHURCH*

WITH FATHER KALLINIKOS



# Saint Kosmas Aitolos Bookstore!

Begin 2026 by reading a devotional for each day of the year

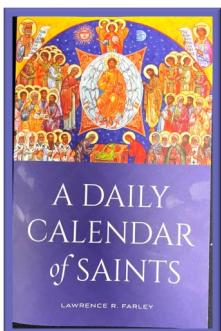
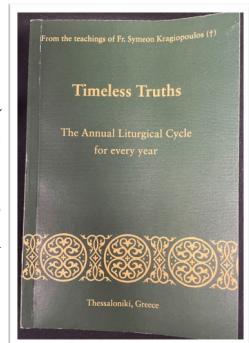


## The Morning Offering - by Abbot Tryphon

Thousands of readers and listeners have benefited from the fatherly wisdom and insight of The Morning Offering, the blog and podcast of Abbot Tryphon of All-Merciful Saviour Monastery, Vashon Island, Washington. Now Abbot Tryphon's reflections on faith and contemporary life have been collected in book form, with one entry for each day of the year. Start your day with The Morning Offering and keep yourself oriented toward Christ all through the day.

## Timeless Truths - by Archimandrite Symeon Kragiopoulos

"Timeless Truths: The Annual Liturgical Cycle for Every Year" refers to a book by Archimandrite Symeon Kragiopoulos, offering daily spiritual reflections from Church Fathers tied to the Orthodox liturgical calendar, guiding Christians through the seasons of Christ's life, and revealing God's unchanging truths in fresh ways each year, emphasizing spiritual growth and participation in the mysteries of salvation.

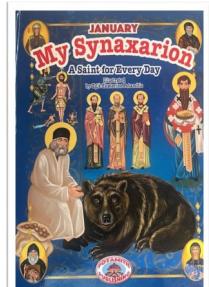


## A Daily Calendar of Saints - by Fr. Lawrence Farley

Popular biblical commentator and church historian Fr. Lawrence Farley turns his hand to hagiography in this collection of lives of saints, one or more for each day of the calendar year. His accessible prose and contemporary approach make these ancient lives easy for modern Christians to relate to and understand.

## My Synaxarion – A Saint for Every Day – JANUARY

The calendar year begins with the Feast of the Name giving of Our Lord. Still, we have chosen to feature the life of Saint Basil the Great for January 1. In the second part of this volume, you will find a surprise: a tool to teach your children how to honor the gift of being human and the temple of the Holy Spirit: their body! You will find the Lorax of Saint Gildas, a prayer that names every organ and vital part of the human organism in a prayer.



# Grief Share Ministry

[CLICK HERE TO SIGN UP](#)

Healing Together

# GRIEF SHARE



Grief Support Group

JOIN ANY TIME  
sessions stand alone

A safe, welcoming place where  
people understand the difficult  
emotions of grief. You'll receive  
valuable guidance and tips  
leading you to relief, comfort and  
peace of mind.

**WINTER/SPRING SESSION**

STARTING FEBRUARY 2, 2026

Mondays, 7-8:30 PM

Virtual via Zoom

Join us for **14 weeks** of  
comfort, support and healing.

For more information contact

Katy Tzamaras

240-938-6549

[ktmom3@gmail.com](mailto:ktmom3@gmail.com)

To sign up, go to our page on the [griefshare.org](http://griefshare.org) site and click on the link to register for our group. Our group is free to attend, but please purchase the participant's guide for \$20 and bring it with you to our sessions.



# FROM OUR ARCHIVES - "A Blast from our Past"

**THE EPISTLE- July/Aug. 1988** *The closing of the Rev. Thomas Parochial School and welcoming Father Basil as assistant priest.*



## The EPISTLE

*The official publication of*

STS. CONSTANTINE AND HELEN GREEK ORTHODOX CHURCH  
4115 Sixteenth Street, N.W. Washington, D.C. 20011

VOL. XL, No. 4, JULY/AUGUST 1988

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13924 Marianna Drive  
Rockville, Maryland 20853

Study: 829-2910  
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Father Basil Kissal

Study: 829-2910

President, Parish Council . . . . . George A. Kouras  
President, Philoptochos . . . . . Phyllis Averinos  
Director, Greek Schools . . . . . Basil Antoniades  
Secretary, Sunday School . . . . . Georgia Franks  
Choir Director . . . . . Theodore C. Papalozos  
Chairman, Greek Schools Board . . . . . George Pollos  
Parish Council Youth Liaison . . . . . Christina G. Wallace  
President, G.O.Y.A. . . . . . Joanne Koutsos  
Office Administrator . . . . . Theofan J. Tslepis  
Editor . . . . . Georgia Franks  
Associate Editor . . . . . Sheva Sintetos

### SCHEDULE OF SERVICES

Orthros 9:30 a.m.  
Divine Liturgy 10:00 a.m.

### PRESIDENT'S REPORT

Because of excessive financial operational losses and constantly declining student enrollment for the past several years, the Parish Council was forced to the conclusion that the existence of our parochial school was no longer viable. Accordingly, by unanimous vote of all twenty members of the Council, the sad but necessary decision was made to close the School effective July 1st, 1988. A new school, independent of this Parish, is scheduled to open in September in the Bethesda area. We extend our best wishes to this effort and would hope that all of you who have children of primary school age will seriously consider this option. For further information you may contact MRS. ANDRIANA KALAPOTHAKOS or CHRIS DEMOPOULOS.

I am sure all our parishioners join me in welcoming our newly-appointed assistant priest, FATHER BASIL and PRESBYTERA RITA KISSAL with their two children, CONSTANTINE and GEORGE. FATHER BASIL, who was highly recommended to us by our PROESTAMENOS FATHER STAVRAKIS, comes to us from Albuquerque, New Mexico. Both Father and Presbytera will have an opportunity to renew old acquaintances and friendships as they were born and grew up in Washington.

FATHER STAVRAKIS has begun his leave of absence, as previously noted, but will remain in the area and will be available to serve us should the need arise. FATHER VOYIAZAKIS, who is employed full time with the District of Columbia school system, will continue to assist our parish in a part-time capacity, as his schedule allows. We were pleased to see so many of you attend the Divine Liturgy on June 26 to worship with Father Nick and to wish him well. As always, we are indebted to our Ladies of Philoptochos for two lovely receptions -- the first honoring Father Stavrakis and the second on July 3 welcoming Father Kissal and his family.

I have reported to you earlier that the Parish Council is about to begin consideration of bids for the restoration of our church interior. I stress again to all of you how important it is that you make your contributions to this effort, if you have not already done so. The wives of the Parish Council, as well as MRS. JOHN KOPSIDAS who of course is the only lady on the Council, recently hosted a tea for this purpose,

which netted the handsome sum of \$2,000. A special thank you to ELENI RECACHINAS who opened her home to the ladies of our parish for this purpose.

The parish was saddened recently to learn of the passing of GUS ANDRAKAKOS, a lifelong member of the community and a past member of the Parish Council. We wish to express our deepest sympathy to his family and friends.

GEORGE A. KOURAS



# SCHGOCDC SUMMER CAMP SCHOLARSHIP



## STS. CONSTANTINE & HELEN OF WASHINGTON D.C. **Summer** Camp Scholarship

SPONSORED BY: The Louis J. Tiches  
Memorial Ionian Village Scholarship Fund & Philoptochos

\$6,000 scholarship for

### IONIAN VILLAGE

(grades 9 -12) attend either  
session 1 : June 16 - July 5  
session 2: July 15 - August 3

\$1,000 scholarship for

### CAMP ST PAUL

(ages 8-18)  
attend either June or July

OR

### REQUIREMENTS

Family Stewardship in Good Standing

Youth Active Participation in Community

2-3 Paragraph Essay on "In what ways have you been able to live your Faith and support your church community?"

**Submit Essays by:** February 15 to [etiches@gmail.com](mailto:etiches@gmail.com) and [frd@schgocdc.org](mailto:frd@schgocdc.org)



# **Ladies Philoptochos Prison Ministry Book Drive**

**NEW/GENTLY USED BOOKS NEEDED**

**PLEASE DONATE:**

- UP TO 8.5 X 11" PAPERBACKS ONLY**
- FICTION & CURRENT NONFICTION**
- IN ENGLISH OR SPANISH**
- AFRICAN AMERICAN AUTHORS APPRECIATED**

**Give to Kathy Hallas OR  
Leave In Labeled Box  
By January 25**

**For Maryland Correctional Libraries**





# ... Men's ... SOCIAL NIGHT

★★★★★

Saturday, February 7<sup>th</sup>

6:00 – 10:00 PM

#### ABOUT THE EVENING

Join us for a relaxed evening of fellowship,  
conversation, and camaraderie.

#### WHAT TO BRING



##### A bottle to share

(your favorite spirit, wine, or beverage)

##### A cigar

(optional, for those who enjoy)

#### WHAT TO EXPECT



##### Good company



##### Laid-back atmosphere



##### Brotherhood and fellowship



Scan the QR  
code to RSVP!





EMBASSY OF GREECE  
WASHINGTON D.C.

Washington D.C., January 5<sup>th</sup>, 2026

**JOB ANNOUNCEMENT**

The Embassy of Greece in the United States is seeking to hire a full-time Personal Assistant to the Ambassador.

The Embassy offers a 2-year renewable contract with a monthly salary of 4,000.00 euros, payable in USD.

Applicants must:

- be at least 21 years of age and not older than 60,
- be a U.S. citizen or permanent resident in the U.S.,
- Greek male citizens must have fulfilled their military obligations (or be permanently exempt)
- have excellent command of English and Greek language.
- be proficient in Microsoft Office

Relevant previous experience will be considered an asset.

For additional information regarding the posting, please contact 202 9391309.

Applicants are invited to submit their applications along with a resume (CV) to [gremb.was@mfa.gr](mailto:gremb.was@mfa.gr).

The deadline for submitting applications is January 31<sup>st</sup>, 2026.

# Directory of Ministries

Saints Constantine and Helen Greek Orthodox Church of Washington, DC

721 Norwood Road, Silver Spring, MD 20905

Phone: (240) 389-1366, ext. 2 |Email: [admin@schgocdc.org](mailto:admin@schgocdc.org) |Website: [www.schgoc.org](http://www.schgoc.org)

**Reverend Father Dimitrios Lee, Presiding Priest**

Email: [frd@schgocdc.org](mailto:frd@schgocdc.org)

**Very Reverend Father Kallinikos Chasapis, Assistant Priest**

Email: [fk@schgocdc.org](mailto:fk@schgocdc.org)

<b>BYZANTINE MUSIC</b>  Stelios Kontakiotis <i>Protopsaltis</i> chanter <a href="mailto:@schgocdc.org">@schgocdc.org</a> *****	<b>YOUTH MINISTRIES</b>  <b>GOYA</b> Joanna Georgiou Stella Harrison Maria Mantzouranis John Skarvelis <a href="mailto:youthministry@schgocdc.org">youthministry@schgocdc.org</a> *****	<b>SUNDAY SCHOOL</b>  Helen Nixon <a href="mailto:sch.sundayschool@gmail.com">sch.sundayschool@gmail.com</a> *****	<b>MEN'S FELLOWSHIP</b>  Christopher Malagisi <a href="mailto:CNMalagisi@yahoo.com">CNMalagisi@yahoo.com</a> *****	<b>ST. KOSMAS AITOLOS BOOKSTORE</b>  Dora Kavadias & Elaine Loukas <a href="mailto:sch.bookstore721@gmail.com">sch.bookstore721@gmail.com</a>
<b>ALTAR BOYS</b>  <a href="mailto:sch.alterboys@gmail.com">sch.alterboys@gmail.com</a>	<b>HOPE/JOY</b>  Stella Harrison Irene Murshed <a href="mailto:youthministry@schgocdc.org">youthministry@schgocdc.org</a>	<b>OUTREACH</b>  Georgia Ferentinos <a href="mailto:sch.outreach721@gmail.com">sch.outreach721@gmail.com</a>	<b>GRIEF SHARE MINISTRY</b>  Katy Tzamaras <a href="mailto:ktmom3@gmail.com">ktmom3@gmail.com</a>	
<b>GREEK SCHOOL</b>  Eleni Athanasakis Director <a href="mailto:sch.greekschool@gmail.com">sch.greekschool@gmail.com</a>  John Skarvelis	<b>GREEK DANCE</b>  Eleni Triantis Anastasia Sissamis Christine Skarvelis Diana Motsiopoulos Maria Stamidis  Elaine Romas <a href="mailto:sch.greekdance@gmail.com">sch.greekdance@gmail.com</a>	<b>LADIES PHILOPTOCHOS</b>  Effie Tiches President <a href="mailto:ladiesphilo721@gmail.com">ladiesphilo721@gmail.com</a>	<b>VERSIS CENTER</b>  Kathy Kafarakis <a href="mailto:sch.versis@gmail.com">sch.versis@gmail.com</a> *****	<b>YAL</b>  Email: <a href="mailto:stconniesyal@gmail.com">stconniesyal@gmail.com</a>
			<b>YOUNG AT HEART</b>  Helen Thornberg & Christina Clifton <a href="mailto:sch.youngatheart@gmail.com">sch.youngatheart@gmail.com</a>	