



Saints Constantine & Helen
Greek Orthodox Church of Washington, D.C.
August 16, 2026
11th Sunday of Matthew



*You won't give
grace to others
until you know
the grace God
gives you.*

Church Announcements

Ladies Philoptochos: The Ladies Philoptochos General Meeting will be held on Sunday, August 30th, immediately following the Divine Liturgy. We will make Diples on August 31st at 9:00am. Please join us!

Greek Fest Donations: Would you like to support this year's Greek Fest? Donations may be dropped off at the church office or made online by visiting www.schogc.org. Thank you for your generosity and support!

Upcoming Church Services:

Saturday, August 22nd: Great Vespers for the Leave-taking of the Feast of the Dormition of the Theotokos. Synaxis of the Theotokos in Prousos - 6:30pm

Sunday, August 23rd: 12th Sunday of Matthew- The Leave-taking of the Feast of the Dormition of the Theotokos. Synaxis of the Theotokos in Prousos
Orthros 8:15am | Divine Liturgy: 9:30am

Please Note: The first row of chairs on the right and left side of the church sanctuary are reserved for memorials and for the elderly with disabilities. All church services are recorded & broadcast live.

Donate by scanning
this QR Code

church center giving

Collection Tray



Download the
Church Center
Mobile App





SPONSOR A *Coffee Hour*

- ♥ Celebrate a birthday, anniversary, or Nameday
- ♥ Honor the memory of a loved one
- ♥ Bring our parish together in fellowship

HOW TO SPONSOR

Provide sweet and savory treats for **100–150** people OR make a \$100 donation toward refreshments.

On your Sunday, set up, serve after Divine Liturgy, and clean up.

Coffee, plates, napkins, and guidance are provided by Philoptochos.



RESERVE YOUR DATE

AVAILABLE SUNDAYS

October 4 – December 27
(dates subject to change)



CONTACT

HELEN THORNBERG

301-949-1788
(please leave a message)



LADIESPHILO721@GMAIL.COM



THE EPISTLE - Saint Paul's First Letter to the Corinthians 9:2-12

Brethren, you are the seal of my apostleship in the Lord. This is my defense to those who would examine me. Do we not have the right to our food and drink? Do we not have the right to be accompanied by a wife, as the other apostles and the brothers of the Lord and Cephas? Or is it only Barnabas and I who have no right to refrain from working for a living? Who serves as a soldier at his own expense? Who plants a vineyard without eating any of its fruit? Who tends a flock without getting some of the milk? Do I say this on human authority? Does not the law say the same? For it is written in the law of Moses, "You shall not muzzle an ox when it is treading out the grain." Is it for oxen that God is concerned? Does he not speak entirely for our sake? It was written for our sake, because the plowman should plow in hope and the thresher thresh in hope of a share in the crop. If we have sown spiritual good among you, is it too much if we reap your material benefits? If others share this rightful claim upon you, do not we still more? Nevertheless, we have not made use of this right, but we endure anything rather than put an obstacle in the way of the gospel of Christ.

ΑΠΟΣΤΟΛΟΣ - Πρὸς Κορινθίους α' 9:2-12

Ἀδελφοί, ἡ σφραγὶς τῆς ἐμῆς ἀποστολῆς ὑμεῖς ἐστε ἐν κυρίῳ. Ἡ ἐμὴ ἀπολογία τοῖς ἐμὲ ἀνακρίνουσιν αὕτη ἐστίν. Μὴ οὐκ ἔχομεν ἐξουσίαν φαγεῖν καὶ πιεῖν; Μὴ οὐκ ἔχομεν ἐξουσίαν ἀδελφὴν γυναῖκα περιάγειν, ὥς καὶ οἱ λοιποὶ ἀπόστολοι, καὶ οἱ ἀδελφοὶ τοῦ κυρίου, καὶ Κηφᾶς; Ἡ μόνος ἐγὼ καὶ Βαρνάβας οὐκ ἔχομεν ἐξουσίαν τοῦ μὴ ἐργάζεσθαι; Τίς στρατεύεται ἰδίοις ὀψωνίοις ποτέ; Τίς φυτεύει ἀμπελῶνα, καὶ ἐκ τοῦ καρποῦ αὐτοῦ οὐκ ἐσθίει; Ἡ τίς ποιμαίνει ποίμνην, καὶ ἐκ τοῦ γάλακτος τῆς ποίμνης οὐκ ἐσθίει; Μὴ κατὰ ἄνθρωπον ταῦτα λαλῶ; Ἡ οὐχὶ καὶ ὁ νόμος ταῦτα λέγει; Ἐν γὰρ τῷ Μωϋσέως νόμῳ γέγραπται, Οὐ φιμώσεις βοῦν ἀλοῶντα. Μὴ τῶν βοῶν μέλει τῷ θεῷ; Ἡ δι' ἡμᾶς πάντως λέγει; Δι' ἡμᾶς γὰρ ἐγράφη, ὅτι ἐπ' ἐλπίδι ὀφείλει ὁ ἀροτριῶν ἀροτριᾶν, καὶ ὁ ἀλοῶν τῆς ἐλπίδος αὐτοῦ μετέχειν ἐπ' ἐλπίδι. Εἰ ἡμεῖς ὑμῖν τὰ πνευματικὰ ἐσπείραμεν, μέγα εἰ ἡμεῖς ὑμῶν τὰ σαρκικὰ θερίσομεν; Εἰ ἄλλοι τῆς ἐξουσίας ὑμῶν μετέχουσιν, οὐ μᾶλλον ἡμεῖς; Ἀλλ' οὐκ ἐχρησάμεθα τῇ ἐξουσίᾳ ταύτῃ, ἀλλὰ πάντα στέγομεν, ἵνα μὴ ἐγκοπὴν τινα δώμεν τῷ εὐαγγελίῳ τοῦ Χριστοῦ.

THE GOSPEL - According to Matthew 18:23-35

The Lord said this parable: "The kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began the reckoning, one was brought to him who owed him ten thousand talents; and as he could not pay, his lord ordered him to be sold, with his wife and children and all that he had, and payment to be made. So the servant fell on his knees, imploring him, 'Lord, have patience with me, and I will pay you everything.' And out of pity for him the lord of that servant released him and forgave him the debt. But that same servant, as he went out, came upon one of his fellow servants who owed him a hundred denarii; and seizing him by the throat he said, 'Pay what you owe.' So his fellow servant fell down and besought him, 'Have patience with me, and I will pay you.' He refused and went and put him in prison till he should pay the debt. When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, 'You wicked servant! I forgave you all that debt because you besought me; and should not you have had mercy on your fellow serv-

ant, as I had mercy on you?' And in anger his lord delivered him to the torturers, till he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart."

ΤΟ ΕΥΑΓΓΕΛΙΟΝ - Κατὰ Ματθαῖον 18:23-35

Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην· Ὡμοιώθη ἡ βασιλεία τῶν οὐρανῶν ἀνθρώπῳ βασιλεῖ, ὃς ἠθέλησε συναῖραι λόγον μετὰ τῶν δούλων αὐτοῦ. ἀρξαμένου δὲ αὐτοῦ συναίρειν προσηνέχθη αὐτῷ εἰς ὀφειλέτης μυρίων ταλάντων. μὴ ἔχοντος δὲ αὐτοῦ ἀποδοῦναι ἐκέλευσεν αὐτὸν ὁ κύριος αὐτοῦ πραθῆναι καὶ τὴν γυναῖκα αὐτοῦ καὶ τὰ τέκνα καὶ πάντα ὅσα εἶχε, καὶ ἀποδοθῆναι. πεσὼν οὖν ὁ δοῦλος προσεκύνει αὐτῷ λέγων· κύριε, μακροθύμησον ἐπ' ἐμοὶ καὶ πάντα σοι ἀποδώσω. σπλαγχνισθεὶς δὲ ὁ κύριος τοῦ δούλου ἐκείνου ἀπέλυσεν αὐτὸν καὶ τὸ δάνειον ἀφῆκεν αὐτῷ. ἐξελθὼν δὲ ὁ δοῦλος ἐκεῖνος εὗρεν ἓνα τῶν συνδούλων αὐτοῦ, ὃς ὥφειλεν αὐτῷ ἑκατὸν δηνάρια, καὶ κρατήσας αὐτὸν ἔπνιγε λέγων· ἀπόδος μοι εἴ τι ὀφείλεις. πεσὼν οὖν ὁ σύνδουλος αὐτοῦ εἰς τοὺς πόδας αὐτοῦ παρεκάλει αὐτὸν λέγων· μακροθύμησον ἐπ' ἐμοὶ καὶ ἀποδώσω σοι. ὁ δὲ οὐκ ἠθέληεν, ἀλλὰ ἀπελθὼν ἔβαλεν αὐτὸν εἰς φυλακὴν ἕως οὗ ἀποδῶ τὸ ὀφειλόμενον. ἰδόντες δὲ οἱ σύνδουλοι αὐτοῦ τὰ γενόμενα ἐλυπήθησαν σφόδρα, καὶ ἐλθόντες διεσάφησαν τῷ κυρίῳ ἑαυτῶν πάντα τὰ γενόμενα. τότε προσκαλεσάμενος αὐτὸν ὁ κύριος αὐτοῦ λέγει αὐτῷ· δοῦλε πονηρέ, πᾶσαν τὴν ὀφειλὴν ἐκείνην ἀφῆκά σοι, ἐπεὶ παρεκάλεσάς με. οὐκ ἔδει καὶ σὲ ἐλεῆσαι τὸν σύνδουλόν σου, ὥς καὶ ἐγὼ σε ἠλέησα; καὶ ὀργισθεὶς ὁ κύριος αὐτοῦ παρέδωκεν αὐτὸν τοῖς βασανισταῖς ἕως οὗ ἀποδῶ πᾶν τὸ ὀφειλόμενον αὐτῷ. Οὕτω καὶ ὁ πατήρ μου ὁ ἐπουράνιος ποιήσει ὑμῖν, ἐὰν μὴ ἀφῆτε ἕκαστος τῷ ἀδελφῷ αὐτοῦ ἀπὸ τῶν καρδιῶν ὑμῶν τὰ παραπτώματα αὐτῶν.

FUTURE MEMORIALS



August 23rd - Alexandros Grigoropoulos

August 30th - Venetia Gouskos

September 6th - John Constantine Drakakis

September 27th - Michael Joseph O'Donnell

October 11th - George Floros and George Sideris

**Please call the church office to schedule Memorials and Artoklasies at 240-389-1366. Artoklasies must be scheduled one week prior with the church office in order to be celebrated during the Divine Liturgy.

PRAYER LIST

John, Harry, Susan, Paul, Konstantinos, Faye, Panagiota, Maria, Sophia, Nicholas, Panagiota, Michael, Demetrios, Maria, Annette, Kathy, Aliki, Ernie, Anastasia, Christos, Vasili, John, Cedric, Margaret Arianna, Cleopatra, Tiffany, Maria, Marvin, Tiffany, Annette, Jodie, Evan, Despina and John.



DIAKONIA

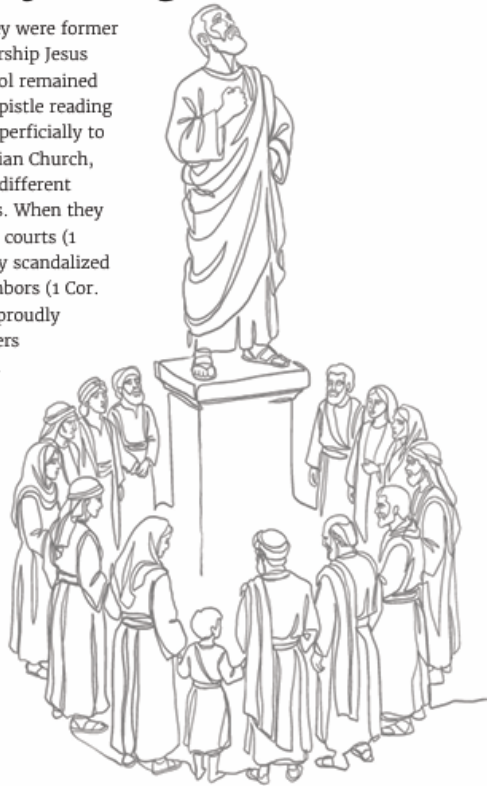
A National Ministry of the Greek Orthodox Archdiocese of America

REFLECTIONS FROM TODAY'S READING | *1 Corinthians 9:2-12*

Fr. George Parsenios (HCHC '96)

The false idol of the selfish ego

The Christians in first-century Corinth were confused. They were former pagans who set aside their idols and their false gods to worship Jesus Christ, but their conversion was not complete. One final idol remained to be banished—the false god of their own egos. Today's epistle reading comes from 1 Corinthians, a letter where St. Paul seems superficially to deal with a dozen different problems afflicting the Corinthian Church, but he really addresses just a single problem with a dozen different symptoms—the self-centered arrogance of the Corinthians. When they had a dispute, they dragged fellow Christians into the civic courts (1 Cor. 6). When they had immoral relationships, they blithely scandalized not only their fellow Christians, but even their pagan neighbors (1 Cor. 5). When they gathered for meals, the wealthier members proudly demanded places of honor, allowing less prominent believers to go hungry (1 Cor. 11). In today's epistle reading, St. Paul responds to this arrogance by listing all the rights and freedoms that he himself could claim, but which refuses to demand for the sake of concord in the Church. In our own families and friendships—and especially in our Churches—we must also carefully weigh our words and actions, lest our selfish egos and ambitions create division in the place of peace. In our parishes, for instance, the most qualified people often refuse to serve on parish councils, because parish council debates often devolve into clashes between egos instead of pursuing the common good. Christian marriages also must be inspired by a spirit of mutual sacrifice, and not by a spirit of selfishness, with one spouse only giving and the other only taking. In all of our relationships, we must seek first to serve and not be served, imitating the self-sacrifice of our Lord and the humility of the great Apostle Paul.



Fr. George Parsenios is Professor of New Testament at Holy Cross Greek Orthodox School of Theology. www.hchc.edu

L100

Diakonia is made possible by a generous grant from Leadership 100

Scan for today's service text

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FROM THE ORIGINAL GREEK: monastêrion (μοναστήριον)

What does “monastery” mean?

Fr. George Parsenios (HCHC '96)



The Greek word *μοναστήριον*/*monastêrion* is rendered in English as “monastery.” It is a compound noun formed by the combination of two Greek roots. The first root is *μονάζω*/*monázō*, which means “to be alone,” from *μόνος*/*mónos*, “solitary, alone.” The second root is *τηριον*/*têrion*, derived from the Greek verb *τηρεῖν*/*têrein*, which means “to keep” or “to cultivate.” Greek words that end in *τηριον*/*têrion* usually describe places where a certain activity is conducted. For example, a *baptistêrion* is a

place where baptisms are completed. A *thysiatêrion* is an altar on which a sacrifice (*thysia*) is performed, and a *thymiatêrion* is a vessel in which incense is burned (*thymiama*). A *monastêrion*, therefore, is a place where solitude is cultivated. This does not mean that monks and nuns live completely alone as isolated individuals. While they seek solitude from the rest of the world, most monks and nuns live in communal settings where they pray, eat, and work with other monastics. They conduct their lives separated from the world, but they do so in a community of people devoted to the cultivation of the pursuit of prayerful solitude.



Stained-glass depiction,
L'Église Saint-irénée in Lyon, France.
Public Domain.

THIS WEEK'S LOOK AT CHURCH HISTORY

Saint Irenaeus of Lyons

On August 23rd, the Orthodox Church commemorates St. Irenaeus of Lyons, a second-century bishop and one of the most significant Fathers of the early Church. His apologetic text, *Against Heresies*—perhaps the first systematic presentation of the Orthodox faith—remains an essential theological resource for the Church. And as a witness of St. Polycarp (69–155) in his youth, Irenaeus stands in a line of direct succession, through St. Ignatius of Antioch (d. 108), of the Apostle John himself.

A native of the Greek-speaking city of Smyrna, Irenaeus served as a priest in Roman Gaul before being elevated to the bishopric of Lugdunum (Lyon) sometime in the 170's. Little is known of Irenaeus' episcopacy, other than that he vigorously defended the “orthodox” faith against various Gnostic “heresies” (terms he helped popularize) and perhaps died a martyr after 191.

Irenaeus also notably participated in the Quartodeciman controversy, wisely counseling Pope Victor to not hastily excommunicate the Anatolian Christian communities who customarily celebrated Easter on the Jewish Passover (the 14th day of Nisan)—a timeless lesson in tactful pastoral care.

Controversial Issues: How the Church Guides Us

Rev. Dr. Stylianos "Stanley" S. Harakas (1932–2020)



Throughout its history, the Orthodox Church has dealt with controversial issues by a process which addresses the "mind of the Church." When an issue arises for which there is no clear-cut, widely and readily acknowledged tradition, and about which there is honest divergence of opinion as to what view genuinely expresses the teaching of the Church, a process begins which may eventually lead to the formulation of an official Church teaching. A classical example from the early period of the Church is the formulation of the Church doctrines about the person of Jesus Christ, which began with the First Ecumenical Council in Nicaea (325) and concluded with the Seventh Ecumenical Council (787).

Over this four hundred and sixty-three year period, the Church clarified its understanding and teaching of the revelation regarding Jesus Christ. At the center of this process stood the Ecumenical Councils, which constituted the final and most authoritative agent for the formulation of doctrine, pending the acceptance of their decrees by the entire Church. For the Orthodox Church, this meant that such issues could not, and should not, be solved by appeal to a single bishop or leader, no matter how honored and respected he might be. It meant, rather, that the Church set its mind to resolving the issue through a corporate approach which drew on the whole tradition of the records of God's revelation.

In practice this meant reference to the Bible and to the living Tradition of the Church by persons seeking to comprehend how the tradition spoke to the new questions being raised. Questions were never raised just for intellectual curiosity nor for the sake of systematic organization. They nearly always were raised because in one way or another their outcome would bear on our salvation and the truths of the Faith. A response would be made whenever a new teaching seemed to be at variance with tradition in one way or another, and consequently not in harmony with the received tradition of revelation, even though the response might have to deal with yet undefined topics. Thus, the great Fathers of the Church, such as Athanasios, Basil, the Gregorys and Chrysostom, not only criticized the false teachings of heresiarchs such as Arius, but proposed formulations of the truth as well. These became the subject of study, debate, and finally, the decisions of Councils on every level – local, regional, provincial and ecumenical, all guided by the Holy Spirit.



PRAYER

"Lord Jesus Christ, grant me humility to seek Your truth through Your Holy Church. Help me to trust the guidance of the Holy Spirit, to honor the wisdom of Scripture and Holy Tradition, and to seek understanding in every controversial issue with love, patience, and faithfulness. Amen."

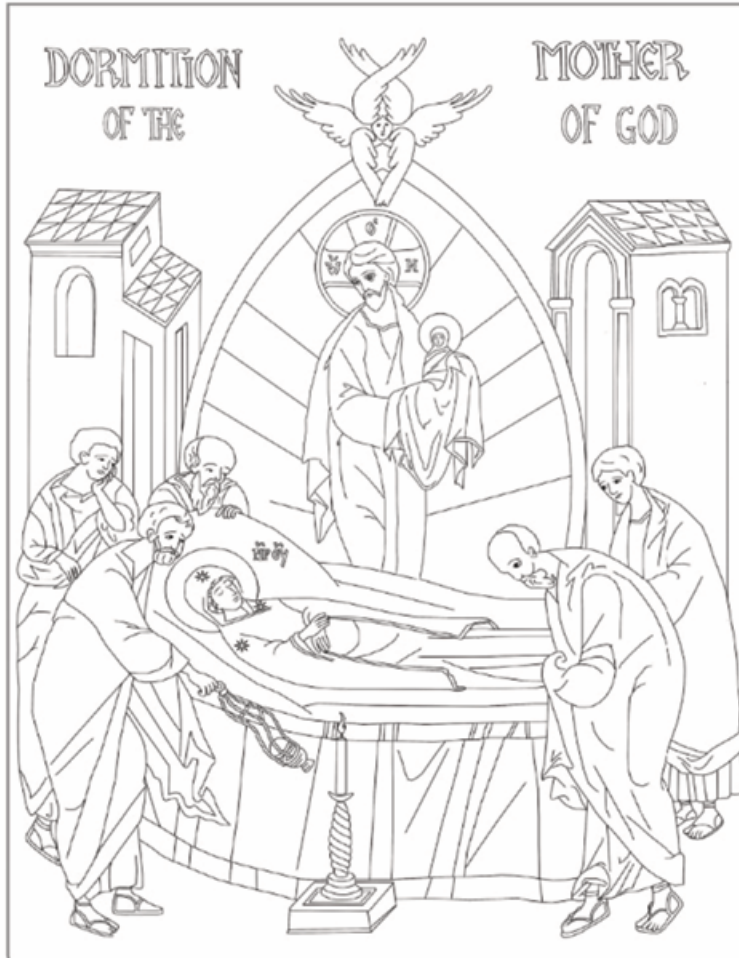


COLORING PAGE

Dormition of the Theotokos

Color this beautiful icon of the Dormition (Falling Asleep) of the Theotokos, which we celebrated yesterday on August 15. Surrounded by the apostles, the Mother of God peacefully rests as Christ lovingly receives her. As you color, remember God's promise of eternal life and the special place of the Theotokos in the Church! Thank you to ByziMom for providing this beautiful coloring sheet!

Just For Kids!
(...and the young at heart)



Diakonia is made possible by a generous grant from Leadership 100

L100

ECUMENICAL PATRIARCH POSTER CONTEST

Ages 5-18

AUGUST 1

Contest Opens

OCTOBER 1

Contest Ends

OCTOBER 17

Winners Announced

35 Years
of MINISTRY

In commemoration of the 35th Anniversary of His All-Holiness Ecumenical Patriarch Bartholomew, the Archon Ecumenical Patriarchate Global Educational Initiative is happy to offer its first Ecumenical Patriarch Poster Contest. This is a chance for students ages 5-18 to honor His All-Holiness' lifelong commitment to protecting God's creation and to share their own vision of a world filled with beauty, peace, and environmental stewardship.

Submit your artwork and let your creativity shine as we celebrate faith, leadership, and the gift of creation!

60 Years
1966-2026



Archons
of the Ecumenical
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Protecting the Future of Faith®

For more information, or to
submit your artwork, visit:

archons.org/sprouts



GREEK SCHOOL REGISTRATION

2026-2027--Children & Adults

[Click here to sign up today!](#)



The poster features a central logo for Saints Constantine & Helen Greek School, Washington, DC, with the Greek text 'ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ ΑΓΙΩΝ ΚΩΝΣΤΑΝΤΙΝΟΥ & ΕΛΕΝΗΣ' below it. The logo depicts the two saints and a church. To the left is a green cup with pencils, and to the right is a stack of books with an apple. The background is decorated with Greek flags and stars. The main text 'GREEK SCHOOL' is in large, colorful letters, followed by 'OPEN FOR REGISTRATION!' in a banner. Below this are two boxes: 'PRE K - 6TH ELLINOMATHEIA CLASSES' and 'CLASSES BEGIN ON SEPTEMBER 21ST'. At the bottom, there are sections for 'ADULT CLASSES' (beginning October 12th) and 'ADVANCED ADULT CLASSES' (online and in-person). A QR code is provided for online registration, and contact information for Eleni Athanasakis is listed.

SAINTS CONSTANTINE & HELEN
GREEK SCHOOL
WASHINGTON, DC
ΕΛΛΗΝΙΚΟ ΣΧΟΛΕΙΟ ΑΓΙΩΝ ΚΩΝΣΤΑΝΤΙΝΟΥ & ΕΛΕΝΗΣ

SAINT CONSTANTINE & HELEN
GREEK SCHOOL
OPEN FOR REGISTRATION!

★ **PRE K - 6TH
ELLINOMATHEIA
CLASSES**

**CLASSES BEGIN ON
SEPTEMBER
21ST**

 **ADULT CLASSES
YOUNG ADULT
& ADULT CLASSES
BEGIN OCTOBER 12TH**

**ADVANCED ADULT CLASSES
ONLINE
ALL OTHER ADULT CLASSES
IN PERSON**

 **SCAN THE QR CODE
TO REGISTER ONLINE!**

FOR ANY QUESTIONS, CONTACT
ELENI ATHANASAKIS AT
SCH.GREEKSCHOOL@GMAIL.COM

[HTTPS://SCHGOC.CHURCHCENTER.COM/REGISTRATIONS/EVENTS/3748966](https://schgoc.churchcenter.com/registrations/events/3748966)



GREEK ORTHODOX ARCHDIOCESE OF AMERICA
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Confidential Social Work Tel: 212.977.7782 • PauletteG@philoptochos.org



**PHILOPTOCHOS CAREGIVER SUPPORT GROUP
FOR ORTHODOX CHRISTIANS NATIONWIDE**

4 Consecutive Tuesday evenings, September 8, 15, 22, 29, 2026 | 7:00 pm – 8:30 pm

- *Are you caring for a loved one of any age who has Alzheimer's, or a chronic or life-threatening illness, a physical or developmental disability, or a mental health disorder?*
 - *Are you a male trying to navigate the challenges of caregiving?*
 - *Are you in the sandwich generation, caring for a parent while raising a school-age child who is anxious about their parent's health and who doesn't understand why you no longer can "be there" for them?*
 - *Do you feel exhausted, stressed or helpless some or much of the time?*
 - *Do you get angry and then feel guilty about getting angry?*
 - *Do you wish there were others with whom you could share your experiences, thoughts, concerns, and questions, who understand our faith, culture, and community?*
 - *Are you so overwhelmed that you aren't even sure what questions to ask?*



If you answered yes to any of the above, join the

PHILOPTOCHOS CAREGIVER SUPPORT GROUP

Led by professionals, we will "meet" over Zoom on **four consecutive Tuesday evenings** from 7:00 pm – 8:30 pm EST. In a **confidential, non-judgmental, and safe environment**, we will discuss best practices to help you manage the physical, emotional, and cognitive issues your loved one faces and find local and broader resources to ease your caregiving journey. We will discuss the importance of self-care; ways to manage your roller-coaster emotions; family dynamics in caregiving and decision-making; safety planning; long-distance and holiday caregiving; financial concerns; and preparing for the future. The final session, **led by Rev. Dr. Harry Pappas**, will explore how faith, prayer, spirituality, and cultural traditions can deepen your understanding and strengthen your resilience.

FOUR CONSECUTIVE TUESDAY EVENINGS | SEPTEMBER 8th, 15th, 22nd, 29th 2026
7:00 pm – 8:30 pm EST

Pre-registration is Required

Space is limited – Don't delay. Pre-register here:

<https://forms.gle/eQfRPw4w2zCWU6yj9>

Once accepted into the group, you will receive the Zoom link.

GREEK DANCE MINISTRY

[Click here to register!](#)

Learn Traditional Greek dances JOIN THE PHILOTIMO DANCE TROUPE

[CLICK HERE TO SIGN UP!](#)



WHAT'S NEW IN THE WORLD OF DANCE



Mark your calendars!

Our ***Dinami Dancers*** are back in action starting Thursday, August 20. Practices will be held every Thursday and Sunday until the festival. Afterward, we will practice mainly on Sundays (plus a few Thursdays)—be sure to check the church calendar for updates!

Our ***Rizes and Elpida*** dancers will start their practices on Sunday, August 30.

Step into the vibrant world of Greek folk culture! Our Ministry is more than just learning exciting Greek dances; you'll also explore the traditional music, songs, and folk instruments that make this culture unique. In our warm, welcoming Orthodox Christian environment, you'll have fun at special events, workshops, and performances, all while gaining a strong sense of belonging, building your self-esteem, and helping us preserve and promote the beautiful heritage of Greece. Come join the fun and let's dance!



Saint Kosmas Aitolos Bookstore!

The month of August is for Panagia.
Come in and see what stories we have about her life.





SEPTEMBER 11, 12 & 13

FRI

4PM - 9PM

SAT

11AM - 9PM

SUN

11AM - 7PM



721 NORWOOD RD, SILVER SPRING, MD

*Join us for a celebration of
Greek culture & hospitality!*



**LIVE
MUSIC**



**DANCE
PERFORMANCES**



**AUTHENTIC
CUISINE**



VENDORS



Admission and parking are free, the event is rain or shine and there's something for everyone to enjoy! We hope to see you there! **OPA!**



A portion of the proceeds will be donated to **Bethesda Cares**, helping prevent and end homelessness in Montgomery County.



**2026 MERCEDES GLA
or \$30,000 CASH**

Tickets \$100, only 1000 to be sold!
Drawing held on September 13th



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OPEN DURING FESTIVAL HOURS



Licensed & certified service dogs are welcome



**THE BIG
GREEK CAFE**
GYRO EATING CONTEST
Saturday, September 12th

FOLLOW US!



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@schgoc



**SUNDAY KICKOFF
IN THE MAIN TENT**



Dear Friends and Stewards of Saints Constantine and Helen,

Thank you for volunteering your time and talents to help make our 2026 Greek Festival a success! Your dedication and support are essential, and we sincerely appreciate your commitment to our parish and community. **Please bring your own apron and hat or hairnet.**

IMPORTANT DATES

Greek Festival: September 11–13, 2026

Philoptochos Pastry Cutting & Packaging: September 7–10, 2026.

For additional information, please contact Marie Pavlides at 410-340-9087.

Festival Setup: Thursday, September 10, 2026, from 9 a.m. to 9 p.m.

Final Cleanup: Monday, September 14, 2026, from 9 a.m. to 4 p.m.

VOLUNTEER INFORMATION

Please sign up for your preferred shift using SignUpGenius!

Arrive a few minutes before your scheduled shift to allow time for parking and check-in.

Upon arrival, please check in with Stephanie Stamos at the Loukoumades booth, to receive your name tag and to ensure a smooth transition with the volunteer you are relieving. Volunteer shifts are three to four (3-4) hours in length.

While serving, volunteers **MAY NOT** eat, consume alcoholic beverages, or provide complimentary food or beverages to family members or friends.

BEVERAGE BOOTH

To comply with Montgomery County Alcohol Beverage Services (ABS) regulations:

Volunteers serving alcoholic beverages must be at least 21 years of age.

Identification must be checked for every guest purchasing alcoholic beverages, regardless of apparent age. Volunteers **MAY NOT** eat or consume alcoholic beverages while working their shift.

FOOD SERVICE AREAS

To comply with Montgomery County Health Department regulations:

Food service volunteers must be at least 18 years of age.

Closed-toe shoes are required for safety. Sandals, flip-flops, and other open-toe footwear are not permitted.

Volunteers preparing or serving food must wear an apron, hat or hairnet, and gloves. Hats/hairnets and aprons **will NOT** be provided. Please bring your own apron and hat or hairnet.

Volunteers **MAY NOT** eat, consume alcoholic beverages, or provide complimentary food or beverages to family members or friends while on duty.

PARKING

All volunteers and vendors are asked to park on the grass behind the hall on the south side of the church. This helps

keep parking spaces near the festival available for our guests.

THANK YOU!

On behalf of Father Dimitri, Father Kallinikos, the Parish Council and the Festival Committee, thank you for your generosity, enthusiasm, and willingness to serve. Your time, talents, and cooperation help create a welcoming experience for our guests and contribute to the continued success of our Greek Festival. We look forward to working with you and making this year's festival another memorable celebration.



Dear Friends and Stewards of Saints Constantine and Helen,

Festival preparations are now well underway. The festival is being held on September 11, 12, and 13.

Supporting the Festival and Our Parish

As you know, the festival plays an important role in supporting the financial needs of our church. To help make this year's festival as successful as possible, we respectfully ask our friends and stewards to consider making a monetary contribution to help underwrite festival expenses.

How to Sponsor an Item

A partial list of festival-related expenses is provided below. Please consider becoming a festival sponsor; your support will greatly benefit our beloved parish.

ITEMS	COSTS
Tents, Tables, and Chairs, etc.	\$17,000
Produce / Baking Ingredients	\$20,000
Spectrum (Food Distributor)	\$12,000
Advertising / Social Media / Banners	\$10,000
Paper Goods	\$6,000
Cleaning	\$6,000
Beverages	\$5,000
Band	\$4,500
Security	\$4,000
Lamb Chops	\$1,000

ITEMS	COSTS
3 Cases Saganaki	\$900
100 lbs. Lamb Shanks	\$500
80 5lb bags Gold Medal Flour	\$400
10 Containers Canola Oil	\$400
5 Cases Spanakopita & Tiro-pites	\$350
2 Cases Honey	\$350
2 Cases Greek Olive Oil	\$250
10 Cases Cokes	\$225
20 Cases Gatorade	\$225
2 Cases Tomato Sauce	\$150



If you would like to contribute toward a specific item, please note that item with your sponsorship. Monetary sponsorship contributions with this form may be sent to the church office at 721 Norwood Rd., Silver Spring MD 20905. **[Notate festival in memo line OR Click here to make your donation now!](#)**

How Your Contribution Will Be Used:

Your generous monetary contribution will be used solely to help offset festival expenses.

- Please do not purchase items to drop off at the church. The listed food items will be delivered directly so we can maintain accurate inventory.
- If you would like your contribution to support a specific item, please note that item in the donation column.
- If no item is specified, your contribution funds will be applied where it is most needed to underwrite festival expenses.
- Every monetary contribution, in any amount, is greatly appreciated.

Thank you for your support of our beloved parish.

Respectfully,
Festival Co-Chairs

Scan the QR Code to make your donation now!



Car or Cash Raffle 2026

Click here to buy your winning ticket now!

Purchase Tickets for a Chance to
WIN



A 2026 GLA or \$30,000 Cash

Drawing at Our Annual Fall Festival: Sunday, September 13, 2026

Tickets: \$100 (Only 1,000 Tickets to be Sold!)

Purchase 10 Tickets, Get One FREE



All Proceeds Benefit the
Sts. Constantine and Helen
Greek Orthodox Church



Vehicle provided by

**Mercedes-Benz
of Silver Spring**

MercedesBenzSilverSpring.net



TO PURCHASE TICKETS CALL:

Eleni Paspalis 240.413.4600

Kosta Paspalis 240.413.4700

John Skarvelis 410.774.6040

OR SCAN:



MONTE CARLO GALA

Hurry, don't be left out, tickets are going fast!

50% have already been sold!

Make your reservations today!

Join us at the Monte Carlo Gala

10.24.26

**7 PM -
Midnight**

**Saints Constantine & Helen
Greek Orthodox Church of DC**

Antigone Recachinas Grand Hall

Presents a lively night filled with

- Aegean Culinary Delights
- Live Greek Band & DJ
- Silent Auction and Raffle
- Games of Chance & Prizes

\$75 per person • Only 250 seats

Now accepting reservations!

Contact: Christina Recachinas Clifton 301-467-7072

Directory of Ministries

Saints Constantine and Helen Greek Orthodox Church of Washington, DC

721 Norwood Road, Silver Spring, MD 20905

Phone: (240) 389-1366, ext. 2 |Email: admin@schgocdc.org |Website: www.schgoc.org

Reverend Father Dimitrios Lee, Presiding Priest - Email: frd@schgocdc.org

Very Reverend Father Kallinikos Chasapis, Assistant Priest - Email: fk@schgocdc.org

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